

A 2-part series on Wise Aging and End of Life Planning *

NOT JUST FOR OLDER ADULTS

*Let's talk about
End of Life Planning*

SUNDAY, OCTOBER 15, 2023

1:30 PM - 3:30 PM

**CONGREGATION BETH SHALOM
4746 EL CAMINO AVENUE, CARMICHAEL**

Learn more about your options in the later years: how to be in control, make wise choices, and have conversations with family, health care providers and lawyers so they know and support your personal wishes and plans.

Speakers:

Ryan Spielvogel, MD

Medical Director of End of Life Option Act Services for Sutter Health

Meg McClaskey, PhD

Chaplain and Bereavement Counselor at UC Davis Hospice with a specialty in Jewish Medical Ethics

Opportunity for Q & A

Free Parking

**Invite your friends and family members,
wherever they are.**

RSVP by October 8th to attend in-person or for the streaming link. To RSVP and learn more about our speakers, visit: ncjwsac.org/events/end-of-life-planning/

Sponsored by National Council of Jewish Women, Sacramento Section, Jewish Federation of the Sacramento Region, Jewish Family Service, Jewish Family Service Fund, and Congregation Beth Shalom, Carmichael.

* Stay tuned for information on Session 2 in early 2024

