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DELICIOUS**

NCJW[®] BULLETIN

SACRAMENTO SECTION

NATIONAL COUNCIL OF JEWISH WOMEN

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Who Wants to Talk About Money?

By Eileen Jacobowitz

Lately, I've been thinking about how to measure NCJW's impact. Some things are easy to quantify—the number of programs we've hosted; letters written for our Vote Forward campaign; rolls of toilet paper collected for Loaves & Fishes. It's more difficult to measure things such as: How does our speaker series inspire activism and advocacy? What does it mean to deepen and expand our partnerships with other progressive organizations? How do we quantify the long-lasting friendships that are created as our members work together for social change? As the Board continues to explore how best to tell the story about the less tangible impacts of the Section's activism and community building, we know that it's important to talk about how we spend the Section's money to further our impact.

That's why I'm devoting this column to the dollars and "sense" behind our fiscal decisions.

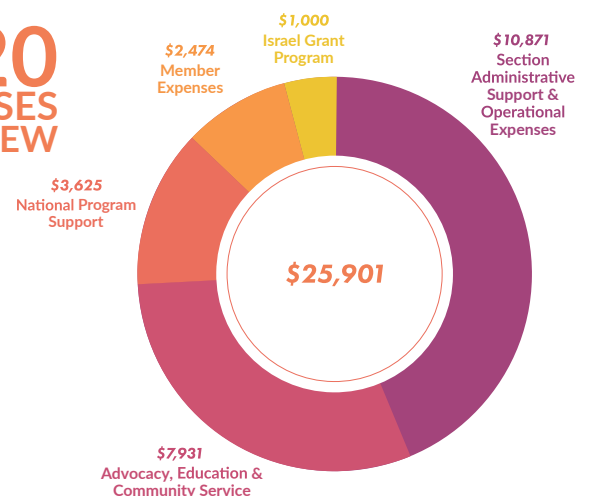
The NCJW Sacramento Section Board takes fiscal stewardship seriously. We know that our members and donors have many choices for their contributions. With that in mind, we make our budget decisions to create the biggest impact to support our mission.

As you can see in the charts on this page, our Section makes amazing things happen on a lean operating budget. The expenses chart shows how the 2020 calendar-year budget was allocated across our many programs, priorities, and operating costs.

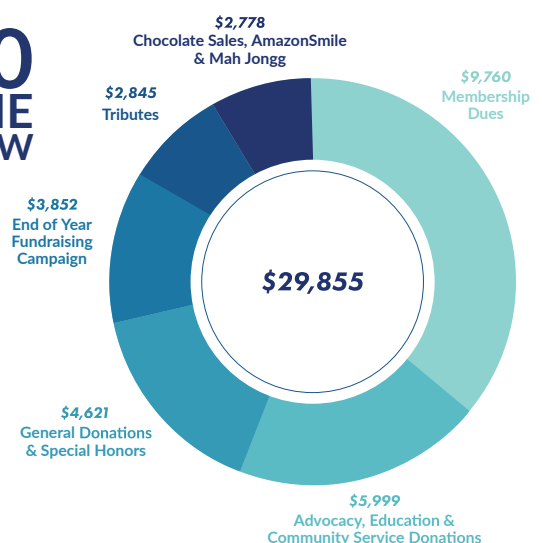
In 2020, **Advocacy, Education and Community Service** expenses enabled us to connect our policy work with our direct service work.

This included marketing materials and room rentals for our in-person programs like our well-attended

2020 EXPENSES OVERVIEW



2020 INCOME OVERVIEW



[SEE PRESIDENT'S CORNER, PAGE 3](#)

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Board meetings are open to all NCJW members. Monthly meetings are held the second Tuesday, 6:45 p.m. Check location before planning to attend. Please confirm time and place with any Board member.

The BULLETIN is the official publication of the National Council of Jewish Women, Sacramento Section.

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WELCOME TO NEW NCJW MEMBERS

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Patricia Palley

Linda Rubenstein

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Purim Punim—This Year's Creative Fundraiser a Huge Success



Two years ago, NCJW Sacramento had a wildly successful Passover Punim contest to raise money by having friends and family members of NCJW Sacramento cast “votes”—that is, pledge dollars—for their favorite holiday-themed costume online. This year’s updated “Purim Punim” contest was equally fun and creative. Purim is a time to dress up in a big way, and nine of our members shared their Purim Punims and “pitches.”

Lots of folks joined the fun and voted for their favorite

Purim Punim. The event netted nearly \$6,000.

What’s more, Purim traditionally involves taking gifts of food and drink to our neighbors. This practice of *Shalach Manot* (sending of portions) was an important feature of our own fundraiser. NCJW Sacramento contributed funds raised through our Purim Punim fundraiser to address hunger and other needs of the most vulnerable in our region.

Thank you to everyone for helping to make the Purim Punim fundraiser a success!

A FAITH IN THE FUTURE. A BELIEF IN ACTION.



PRESIDENT'S CORNER, FROM THE COVER

NCJW Speaker Series events—"The Humanitarian Crisis for Immigrants" and "Prevention: The Cure for Gun Violence."

Once the COVID-19 pandemic hit, and we embraced remote programming, our costs included technical support to ensure our virtual gatherings—including a conversation with author, Jill-Wine Banks, NCJW Virtual Lobby Day, and our panel on Re-envisioning Public Safety and Policing in Sacramento—were seamless and engaging.

Our 2020 **Community Service** expenses included administrative support for our Mitzvahs-In-A-Minute (MIMs) benefiting Sacramento Children's Home, Loaves & Fishes, Sister Nora's and Meals on Wheels. Each of these MIMs had an immediate and direct impact on the most vulnerable in our community, thanks to the generous contributions of our membership.

The Section also allocated funds to graduates of Women's Empowerment (womens-empowerment.org) through our Bridge to Success (BTS) Program. Mini-grants, which ranged from \$25 to more than \$1,000, helped 73 applicants through March 2021 address obstacles to stability and success—such as money

for transportation, utility bills, initial rent deposits, job training, court fees, laptops, Wi-Fi access, educational materials, and dental care.

Administrative Support and Operational Expenses includes funds for our extraordinary part-time administrative assistant, Nela Lee. Nela's time and skills are essential to ensuring that this volunteer organization runs smoothly. This includes support for all our programs, our weekly eNEWS, website and email lists, design of our marketing materials, coordination with other organizations and managing our calendar, membership database, and donations. The operational side includes standard expenses incurred by non-profits—accounting services, mailings, insurance, website hosting, and the administrative fees paid to DonorBox and PayPal, the online platforms we use to make giving easy for our members and other donors who want to support our work.

Member Support Service expenses include the cost of printing and mailing our newsletter, the Bulletin, which arrives in NCJW members' physical mailboxes quarterly. The Bulletin highlights our programs and our impact, and maintains connections through stories about our members and our community.

The **Israel Granting Program** is our contribution to National NCJW's support for nonprofit organizations throughout Israel that improve the lives of women, children, and families.

National Program Support expenses include what we pay to the National NCJW organization for the countless resources they provide our Section including training; advocacy, media, and fundraising toolkits; technical support and links to sections and other progressive organizations across the country.

Income and Donations to Support Our Work

The income chart shows that we receive most of our income through

donations and membership. We currently have 202 annual members and 163 life members. Annual membership is \$54 and we are grateful for the many individuals who pay more than that each year for their membership.

Donations come in the form of one-time contributions to support a program or activity, or Tributes, which are donations in honor or memory of a loved one, or through a section fundraiser. The Sharon Cohen Fund honors its namesake and supplements Bridge to Success grants.

Our hard work and dynamic programming were rewarded as reflected in the 2020 end-of-year fundraising campaign that raised over three times what we raised in 2019! We also earn a small amount of money through Fair Trade chocolate sales and the Amazon Smile program which directs a percent of your Amazon purchase to NCJW Sacramento (ncjwsac.org/programs/fundraising/).

As we look ahead at our budget for 2021, we're grateful to our beloved long-term member, Betty Reuben, who invited friends and family to contribute to NCJW in memory of her husband Jack, who passed away in January.

We're also grateful to everyone who participated in and supported our Purim Punim contest ([see article on Page 2](#)) and are excited about our virtual summer FUNdraiser. (Details to follow.)



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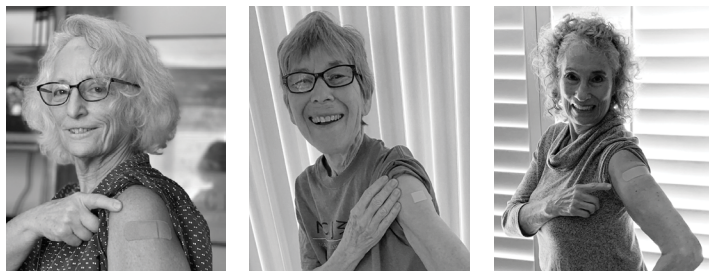
MEMBER PORTAL



Have you checked out the Member Portal on our website? You'll find our membership directory, Board meeting minutes, and more. For information about accessing the Member Portal, contact info@ncjwsac.org.

COMMITMENT TO ADVOCACY & EDUCATION

Join Us in Getting Out the Vax!



COVID-19 WARRIORS: JOIN US IN DEFEATING THE VIRUS!

NCJW Sacramento launched a [Get Out the Vax](#) campaign in mid-January to support our members and the wider community in helping to defeat the COVID-19 pandemic. To date, the campaign has:

- Published two editions of our bulletin—VaxFacts—which provides timely information about the pandemic, including the newly emerging variants of the virus; the vaccines; the rollout of the vaccination campaign in California and the Sacramento region; and the evolving recommendations from the scientific and medical communities about how to keep ourselves, our loved ones, and our friends and neighbors safe.
- Held an extremely informative virtual “town hall” style meeting featuring Dr. Jeffrey Brodovsky (*see article at right*) to answer questions related to all those concerns.

Our goal is to encourage as many of us as possible to get vaccinated as quickly as possible to help move our city, state, and country toward the “herd immunity” necessary to defeat the virus.

As we go to print, the two approved vaccines—Pfizer and Moderna—have only been made available to individuals over 65 years of age and certain categories of “essential workers.” Over the next several months, however, we expect they and other vaccines now being tested will be offered to younger adults. At that point, our campaign will begin to ask our older members to encourage their adult children and grandchildren—who may feel that COVID-19 poses little real risk to them personally—to get vaccinated both for their own good and for the good of the wider community.

Torah, Talmud and rabbinic teachings instruct us that saving lives must direct our actions (*pikuach nefesh*). That now must include the recognition that the populations suffering the greatest losses from COVID-19—both in lives and livelihoods—are low-income communities and particularly communities of color. As such, we need to join with other activists to ensure the vaccines are made widely available to underserved communities, provide evidence that the vaccines are safe by receiving them ourselves, and—by getting vaccinated—reduce the amount of virus that is in circulation.

So join **Get Out the Vax!**

- Sign up for VaxFacts at <https://forms.gle/Mwtkowz5DDV31J8G6>
- [Send us](#) pictures of your vaccinated arm for our NCJW Sacramento gallery of COVID-19 warriors.

NCJW Spreads Knowledge, Not COVID-19, with Town Hall

By June Wiaz

Life in a time of pandemic has left many of us with questions about the COVID-19 virus and the various vaccines on the market. Fortunately for NCJW Sacramento, on January 28th, Claire Lipschultz and Barbara Baran were able to put together an informative Zoom “town hall” featuring Dr. Jeffrey Brodovsky, a family medicine physician who has been educating the Sacramento community about vaccines since 2016. Claire moderated the event expertly.

Dr. Brodovsky began his talk with a primer on how the existing Moderna and Pfizer mRNA (messenger ribonucleic acid) vaccines work to create immunity in exposed individuals. This is a different approach than previous vaccines, most of which relied on attenuated components of the viruses in question.

Both the Moderna and Pfizer vaccines have similar but proprietarily unique components—fats to protect the mRNA, salts to aid stability and maintain proper pH, and sugars to allow the cold temperatures needed to preserve the active ingredients. Both have similar efficacy and very low rates of adverse reactions, although transient flu-like symptoms after the vaccinations are common.

Dr. Brodovsky answered a wide array of questions from the 30 attendees.

Regarding timing, he suggested that while it is ideal to get the second shot exactly when recommended, there is a bit of wiggle room, and if one must vary from the ideal date, it is best to be a bit later than earlier to maximize the immune response.

Auto-immune diseases are a concern for many, and

[SEE COVID-19 TOWN HALL, PAGE 11](#)

NCJW CONDEMNS INSURRECTION

The National Council of Jewish Women was one of the first Jewish organizations that made a statement about the heinous insurrection that occurred at our Capitol on January 6. [See the statement below by NCJW CEO Sheila Katz.] Our commitment to democracy demanded no less.

For more than 125 years, the National Council of Jewish Women (NCJW) has worked tirelessly to ensure that every person can cast a vote and have their vote counted. These efforts have included working to pass the 19th Amendment, fighting for the landmark 1965 Voting Rights Act, and expanding access to the ballot today. The insurrection effort to thwart the will of the people—interrupting congressional efforts to certify the results of the Electoral College at the suggestion of the president—strikes at the very core of our democracy. It was voter suppression plain and simple.

NCJW believes the attack on our

democratic process was encouraged and incited by the President, and NCJW at the time demanded the immediate resignation or removal of President Trump, who encouraged violence as a form of voter suppression of 80 million people. Notably, this included people of color and historically marginalized populations who voted in record numbers this election. The actions of the crowd, draped in racist, white supremacist and antisemitic clothing and flags, endangered the lives of everyone present in the Capitol. Furthermore, President Trump refused to de-escalate the crisis and instead effectively showed approval for the destruction within the Capitol building and the disruption of the process of certifying Electoral College votes.

From Sheila Katz, NCJW CEO

If President Trump remains in office, we cannot trust that he will not attempt to once again overthrow the results of the election, engage in mass voter suppression, and incite more violence.

NCJW calls for prosecution of the domestic terrorists who broke federal law and threatened the safety of all present in

the Capitol and demands an investigation into why the city of DC's request to deploy the National Guard in advance of planned violence was denied until it was too late.

Just months ago, peaceful Black Lives Matter protesters, a mere two miles away near the White House, were attacked with tear gas and rubber bullets and arrested in large numbers. Peaceful protesters were met with violence, but yesterday the domestic terrorists who destroyed property, trespassed, instigated violence, and violated federal laws while attempting to overthrow a fairly decided election were able to walk away. The reason is clear: systemic racism. We must do better. NCJW will work with our advocates across the country, our partners, and our elected officials to demand justice.

At NCJW, we value our constitutional protections that are echoed in our Jewish values—safeguarding our bodily autonomy, securing our right to a fair election, and ensuring the safety of all people in this country. President Trump has proven he is not fit to uphold our laws and it is time for him to resign or be removed from office before he can cause any more damage. —January 7, 2021

Rabbis Pledge to Support Reproductive Choice

By Claire Lipschultz

With access to reproductive health care being threatened at every level of government, the National Council of Jewish Women, an organization at the frontlines of the fight for reproductive health, rights, and justice for more than 125 years, launched [Rabbis for Repro](#). The new campaign encourages Jewish clergy to pledge that they will teach about the issue and create an open system of support for reproductive health care access in their communities.

Rabbis and cantors are at the forefront, serving members of their communities who are contemplating abortion, have had an abortion, are coping with trauma, or even those who are simply interested in learning more about what Judaism has to say about abortion.

Three Sacramento area rabbis—Rabbi Nancy Wechsler, Rabbi Greg Wolff and Rabbi Mona Alfi—have signed the pledge so far joining more than 1,000 clergy and religious leaders across all streams of Judaism. They agreed to participate in national Repro Shabbat during the month

of February to talk about Jewish values and reproductive health access.

On February 5, member Claire Lipschultz joined Rabbi Alfi on Congregation B'nai Israel's virtual bimah to give a *drash* (sermon or interpretation of liturgy) about abortion and Judaism and tell a personal story about intergenerational abortion access.

The Supreme Court's ruling in June, *Medical Services LLC v. Russo*, may have been a victory against TRAP laws (targeted restriction on abortion providers), but the fight to ensure abortion access is far from over. It is more important than ever to reaffirm the Jewish community's commitment to ensuring access to information and reproductive health care.

"One in four people who can become pregnant will have an abortion by age 45, and that includes people in the Jewish community. Our tradition views abortion as essential healthcare, not only permitted, but in some cases commanded when a life is at risk.

"Lack of abortion access disproportionately affects people living in poverty, the LGBTQ community, people of color, and young people. It is more important than ever that our Jewish leaders step up and support our communities by

[SEE RABBIS FOR REPRO, PAGE 8](#)

MEMBER PERSPECTIVES



ROSH CHODESH

The Women of “Nu?” Find Meaning and Connection on the New Moon

By Annie Hohn

Rosh Chodesh, which means the “head of the month,” is a day (or two) of marking the start of a new lunar month. By most accounts, it is considered a minor holiday for Jews, but carries a special significance for women. The new moon can bring a sense of renewal and relaxation, and many Jewish women use it as an opportunity to gather for meals, talk Torah, discuss Jewish ethics, and work for social change.

The ladies of “Nu?” (an informal group emerging out of our Leadership Training cohorts) were missing their monthly dinners—and each other. So they decided to move the meetings to Zoom and honor the evening of Rosh Chodesh by hosting discussions on various topics, from spiritual, to political, to just plain interesting. The subjects are volunteered by “Nu?” members, and the hosting duties are shared. “I really appreciate gathering with other Jewish women on the eve of the new moon itself,” says member Miriam Joffe-Block, who recently co-hosted a discussion and meditation on learning to love your belly. “It helps me feel more in tune with the rhythms of our natural world and connected to a spiritual community.”

Rachel Phillips, who co-hosted a Rosh Chodesh Tevet which included toasts of “*L’chaim*” honoring inspirational women, a short art activity, and Hanukkah candle lighting, finds relaxation and connection in the monthly meetings.

“The topics are always interesting and meaningful, I get to visit with a lovely group of women, as well as explore aspects of Judaism I didn’t know about.”

If you’d like to be involved in the next Rosh Chodesh, we would love to see you. Please contact [Annie Hohn](#) for more information.

BRIDGE TO SUCCESS GRANTEES SPEAK OUT

By Iris Bachman

“Sometimes when we are generous in small, barely detectable ways it can change someone else’s life forever.”

Margaret Cho, the very funny comedian and the originator of this pithy remark, is not known as a philosopher, yet this quote succinctly describes the thinking behind NCJW’s Bridge to Success (BTS) program.

Through mostly small grants and one or two larger ones, Bridge to Success helps brighten the immediate and future lives of graduates of Women’s Empowerment training programs.

Grant recipients have expressed their gratitude with hand-written notes sent to the BTS committee. Here is just a small sample of those notes. Michaela, who needed help getting her transcripts so she could pursue a degree in social work, said, “*This truly helps me reach my educational dreams.*” Yvette received a grant to help with dental work. She wrote, “*Thank you for ... eliminating this barrier to successful employment.*” Julianna’s car needed a new starter. She received a very small grant and was thrilled, saying, “*I cannot wait until ... I can make it back and forth to work on my own.*” Briana needed help with school tuition. A small grant prompted this statement of appreciation, “*Please keep spreading your love because it is truly making a difference.*”

These expressions of gratitude remind us that the mini grants have a larger impact than the amounts would suggest. Assisting grant applicants with housing, education, job training and other expenses that may be stumbling blocks on their path to success, directly affects their daily lives. You can help to support this program with your donation to NCJW (ncjwsac.org/programs/community/bridge-to-success-program/).

QUICK ACTIONS MAKE A DIFFERENCE



SIGN UP FOR AMAZON SMILE

.5% of your online purchases go to NCJW. You can connect with Amazon Smile through our website: ncjwsac.org/programs/fundraising/.



BUY FAIR TRADE CHOCOLATES from [Naomi Rice](#).

Proceeds support our Section’s work on human trafficking.



JOIN THE STATEWIDE NCJW-CA RAPID RESPONSE TEAM

It takes just a few minutes each time a “request for action” on state legislation is sent out. Take action via computer, phone and/or in person at the Capitol. Contact [Claire Lipschultz](#).

Won't You Be My Neighbor?

NCJW Sacramento is pleased to launch our “Won't You Be My Neighbor Campaign,” which is an effort to more closely connect with one another across the many different neighborhoods and communities in our region.

Our plan is to identify one or two people as Neighborhood Connectors in each “neighborhood” to assist in sharing information and engaging others within their geographic area for future Mitzvahs-In-A-Minute (MIMs), local community events, advocacy, education and NCJW Sacramento celebrations and activities. Our Neighborhood Connectors also will welcome new members to their area and help identify local resources, community needs and new ideas from a grassroots perspective.

We're thinking globally and acting locally! Please let us know if you're interested in becoming a Neighborhood Connector or have ideas of what NCJW Sacramento might do to support you and your neighborhood.
Contacts: [Sheila Wolfe](#) or [Carol Goodman-Gane](#).

Mitzvah-In-A-Minute (MIM) On the Horizon: Art with a Heart for Teens in Foster Care

Contribute art materials, wrap gifts and make contactless deliveries of art-filled birthday gift baskets to teens in foster care living in the San Juan, Twin Rivers and Sacramento City School Districts. **Freda Fund**, a project of the Sacramento Child Abuse Prevention Council, provides teens in foster care with a special birthday gift and group party each quarter. This May, each teen will receive a pre-made pottery bowl, brushes and glazes to decorate their own special cereal, soup or decorative bowl. The bowls will then be picked up, fired at a local kiln and returned to each teen—filled with birthday cupcakes, a gift card from **Freda Fund** and art materials donated by NCJW members. Each teen will use their own special birthday gifts during a May 2nd Zoom birthday party celebration for all involved.

Volunteers will be invited to an April 1st NCJW/Freda Fund Zoom call for more information and instructions on participating in this “Art with a Heart” Mitzvah.

To volunteer, and/or for more information, contact [Sheila Wolfe](#) or [Phyllis Needelman](#).

Learn more about **Freda Fund** and support for teens in foster care at www.thefredafund.com/about.



Delivering More Than a Meal

By Patricia Eisenberg and Sheila Wolfe

Did you know that NCJW was the first Jewish organization to sign on to support and develop the Meals on Wheels program? Yes, we were there from the beginning!

In 1954, a small group of Philadelphians established Meals on Wheels (MoW) to “support senior neighbors and extend their independence and health as they age.” We are pleased to be carrying on the legacy of NCJW support for MoW in Sacramento!

NCJW member and MoW staff member, Patricia Eisenberg, conceived the MIM this past winter—entitled “A Focus on Minds and Moods”—to benefit Sacramento’s Meals on Wheels recipients. Patricia organized us to provide activity materials, such as crossword puzzles and books, to accompany the meal deliveries and support the mental health of seniors throughout our community. The effort was a great example of bringing an idea to fruition with the support of NCJW.

Many thanks to Patricia, our Neighborhood Coordinators and our generous membership for making this MIM a great success on many levels.

A personal note from Patricia Eisenberg:

“Thanks to each and every one of you for contributing to the success of the MIM for Meals on Wheels! With your assistance, in December we collected 472 activity materials and \$1,106 in online donations for purchasing additional materials.”

“We have organized the donated items and are purchasing additional activity materials for our seniors thanks to NCJW online donations. This MIM enabled each of the 1,200 participants served by one department of Meals on Wheels to get something special delivered to them with their meals.”

“Meals on Wheels is truly grateful to NCJW and deeply impressed with the unbelievable participation in the MIM! Thanks to your Mitzvah, you created a connection with seniors in our community.”

“Your support helps keep seniors engaged, especially as we continue navigating these challenging times to help thousands of seniors throughout Sacramento County. We wouldn't be able to do this without support from community members and organizations like NCJW.”

“Thank you for supporting the mental well-being and happiness of seniors throughout Greater Sacramento—seniors who might have nowhere else to turn to for help.”

For more Information on MoW, visit www.mowsac.org.

To suggest a new MIM, contact [Sheila Wolfe](#).

WORKING TOGETHER TO MAKE A DIFFERENCE

Foster Care: Opportunities for Advocacy, Education & Community Service

By Barbara Kronick and Sheila Wolfe

NCJW Sacramento began 2021 with an engaging and inspiring orientation to the work of Sacramento Court Appointed Special Advocates (CASA). The nonprofit educates the community and trains volunteers, who are then appointed by a judge as Officers of the Court, and matched with specific children to support and advocate for them within the juvenile court, education, welfare and legal systems.

Barbara Kronick, NCJW member and CASA volunteer, and CASA colleagues Kelley Donato, Danielle Keys and Dani Wogulis, “Zoomed” with 40 participants to discuss the status of youth in foster care, the strengths and needs of these youth, and the impact of becoming a trained CASA volunteer.

We are pleased to report some key and encouraging responses to the follow-up survey from the participants:

- 94% of respondents have an

increased understanding of CASA and ways to support their work

- 59% of respondents were interested in follow-up activities benefiting local foster care programs
- 27% of respondents were likely to pursue more info/training from CASA
- 61% indicated that they may have interest in supporting CASA in the future

Following the presentation we learned from CASA that five members attended the January orientation and one signed up for the April training. Apparently, there are a few more in the pipeline for future trainings. There were a number of members who had specific questions about the experience of being a CASA and these are being fielded by Barbara Kronick. Feel free to [contact Barbara](#) if you have additional questions.



According to Kelley Donato, Senior Case Supervisor, “CASA Sacramento appreciates the support of NCJW and looks forward to strengthening our partnership in this new year. Thank you for allowing our team to share information about opportunities to participate in our advocacy efforts and for raising awareness as to the needs of local foster youth.”

For more information on CASA, see sacramentocasa.org/volunteer/why-become-a-casa/.

General Orientations are held virtually on the second Wednesday of every month at 6 PM.

For more information on NCJW activities benefiting children/teens in foster care, contact [Sheila Wolfe](#) or [Barbara Kronick](#).

RABBIS FOR REPRO, FROM PAGE 5

living out our values,” said NCJW CEO Katz.

“In Judaism, we believe people should have full control of their own bodies, and that doesn’t change with reproductive health,” said Rabbi Lori Koffman, former NCJW Board Vice President. “Reproductive health care, including abortion, is health care.”

“Reproductive freedom is a Jewish issue,” said Rabbi Danya Ruttenberg, scholar in residence at NCJW Inc. “Our religion commands us to not stand idly by while barriers to healthcare place any individual’s health, well-being, autonomy, or economic security at risk.”

To learn more about **Rabbis for Repro**, go to rabbisforrepro.com.



Sister Nora’s Teams Offer Generosity During the Holidays

By Naomi Rice

This past holiday season, the women in the long-term shelter, Sister Nora’s Residence, were treated to Thanksgiving and Christmas dinners. The six teams that provide twice monthly meals to the women at the residence generously provided food and funds for the dinners and for holiday gifts for the residents and staff. This endeavor surely demonstrated that “it takes a village.” From the guidance of Sheila Wolfe, VP of Community Service, to Arla Hesterman’s dedication and catering skills, to June Wiaz’s coffee maker donation, to all the team members who cooked and donated money, to the team members who volunteered and helped deliver the dinners, and to one of our NCJW

members, Hana Hartman, who read about the project in an eNEWS and called to offer her assistance to buy gift bags, we thank you!

Currently, we are primarily providing monetary donations for the dinners due to the pandemic, with some team members cooking dinners too. We will return to preparing meals on a regular basis for the residents when it is safe to do so. If you would like to assist with this project as a team member or as a substitute, please contact [Naomi Rice](#).





PASSOVER ALMOND CAKE (Tarta de Santiago)

By Evie Lieb

This recipe from the TV cooking show Milk Street attracted me right away when I saw it was flourless. It's the easiest cake you'll ever make and it is delicious! Because they're not kosher for Pesach, the flavor extracts had to be omitted, but the addition of orange zest nicely brings a complementary flavor accent to the predominant almond taste. You can see a demo of the preparation of this cake at 18:26 on the video at www.177milkstreet.com/tv/amazing-one-layer-cakes. I have rewritten the recipe with a few slight changes (less sugar, no pan spray, shorter baking time). The cake can also be made in an 8" square pan and cut into squares or diamonds for serving. Also note that this treat is gluten-free and parve!

1 C white sugar (198 grams)

3 large eggs + 3 large egg whites

½ tsp kosher salt

Grated zest of one orange

2 ½ C blanched almond flour OR almond meal from unblanched almonds (250 grams)

3 TBSP coarse sugar (raw, demerara or turbinado)

½ C unblanched sliced almonds, roughly chopped

For non-Passover cake add ¼ tsp. each vanilla and almond extracts

With rack in the center position, preheat oven to 350°. Brush the sides and bottom of a 9" round pan with flavorless salad oil and line pan with a parchment round. Brush the parchment with oil.

In a large bowl, whisk together the sugar, eggs, egg whites, salt and orange zest until ingredients are

thoroughly combined and the mixture is frothy, about 45 seconds. The sugar will not be dissolved. Whisk in the almond meal or flour until well combined. Turn the batter into the prepared pan and evenly sprinkle on the coarse sugar and chopped almonds.

Bake cake 40 to 55 minutes (depending on your oven and the kind of almonds used). Cake is done when it is deep brown in color with a crust that feels firm when pressed with a finger. Cool cake on a rack for 10 minutes, then run a knife around the edge of the cake to help release it from the pan. Invert the cake onto a plate (giving it a hearty pat on the bottom if it resists!) and remove the pan. Re-invert onto a serving plate and re-sprinkle on any almond pieces that have strayed in the process. Let the cake cool before serving. This keeps several days at room temperature if stored in an airtight box or large plastic bag, and it freezes for weeks!



THE FIRST EVER VIRTUAL SACRAMENTO JEWISH FILM FESTIVAL HAS BEGUN. BUT IT'S NOT TOO LATE TO WATCH GREAT FILMS FROM THE COMFORT OF YOUR OWN HOME!

By Sunny Romer

Due to COVID-19, the 22nd Jewish Film Festival is virtual. More than 22 films will be presented over 22 days from March 3 to March 24. Our festival promises to amuse, entertain, inspire, educate, and provide opportunities to share this experience together. There is a wide variety of films and related experiences: comedies, dramedies, dramas, documentaries, live Zoom chats with filmmakers, and community forums where we can exchange thoughts and feelings about the films we saw! There are films from all over the world, including Israel, Canada, Norway, Germany, Slovakia, Italy, the UK, Ireland, Morocco, and the USA.

There are wonderful films such as "Four Mothers" about a groundbreaking Israeli female protest in the struggle for peace, and "Tango Shalom," an award-winning film about faith, tolerance, and unity. Purchase tickets at sacjewishfilmfest.org.

Ticket sales cover less than half of the cost of our film festival. Please support Jewish films in Sacramento by becoming a sponsor, sacjewishfilmfest.org/support-us/.

CARING IN THE COMMUNITY

TRIBUTES IN MEMORY OF JACK REUBEN

"A wonderful person, a mensch."

— Emilie and Jonathan Brosin

"Sent with much love."

— Nadine Cracraft

"May your many wonderful memories of Jack/
Dad give you strength."

— Lydia Inghram

"You were an amazing couple."

— Sandy Kaufman

"In loving memory of Jack Reuben and in honor
and love of Betty Reuben and family. Peace and
sympathy."

— Carol Merritt

"In memory of Uncle Jack."

— Jody Moss

"My deepest sympathies for the loss of your
precious Jack, but how lucky you were to have
so many years together! I wish I could be with
you. Hopefully later this year. All my love."

— Andrea Slade

"In memory of Jack Reuben whose dedication
to his family was an inspiration."

— JoAnn Solov

"Deepest condolences to Carolyn, Betty and
family on the loss of your dear father, husband
and grandfather."

— Gay Tanner

Iris Bachman

Lynn Belzer

Nancy Bernheimer

Joan Bories

Lisa Brodkey

Illene Carroll

Hyla Cass

Herb and Joy Cohen

Marcia Cohen

Carry Cohn

Annette Davis

Roslyn Dinsfriend

Davina and Barbara Dubnick

Anne Eisenberg

Sandra Felderstein

Elaine Freedman

Esther Gaines

Becky Goad

Nancy Goldman

Susan Goodwin

Deborah Gordon

Joanne and Warren Harris

Jessica Heskin

Laurel Hollis

Eileen Jacobowitz

Phyllis Jacobs

Andrea Karsh

Jennifer Kaufman

Sandy and Alan Kreeger

Nancy Latin

Susan Lauer

Gregory and Mary Lee

Sandra Lee

Francine Levy

Deni Marshall

Jeff Marx

Melissa McElheny

Beryl Michaels and John Bach

Eleanor Mitchell

Margaret Newton (Kent)

Bonnie Penix

Elmer and Doris Prout

Shirley Rosenbloom

Marcee Samberg

Eileen Sarasohn

Betsy Singer

Patricia Sturdevant

Linda Tochtermann

Elena Friedman-Weiss

Nanette Wong

COUNCIL NOTES

To Iris Bachman: *Condolences on the passing of her beloved brother, George Bailin*

To Talia Berger: *Condolences on the passing of her beloved mother, Madeline Frampton*

To Barbara Binder: *Good wishes and good health on her recovery from COVID-19*

To Bruce Pomer: *Congratulations on being installed as President of the Jewish Federation*

To Michael and David Schermer: *Condolences on the passing of their beloved wife and mother, Shelly Schermer*

To Nanette Wong: *Condolences on the passing of her beloved father, Robert "Bob" Hyman*

Share Some Love with a Tribute



Making a Tribute is a great way to honor a friend, colleague or loved one, celebrate an occasion, and share your sentiments while also supporting NCJW projects.

Sheila Budman, NCJW Sacramento's Tribute chairperson, will mail a Tribute card (and optional email notice) with a personal note on your behalf to your Honoree(s). Tributes are also printed in the Bulletin and posted on the NCJW Sacramento website (ncjwsac.org/donate/tribute-messages/).

There is a minimum donation of \$10 per Tribute.

Tributes can be made:

- **Online:** Visit our [website Donate page](https://ncjwsac.org/donate/tribute-messages/), complete the online Tribute form, and make a donation via credit card.
- **By Mail:** Print and complete the [Tribute Donation Form](#), or include a note with the Tribute details, and mail with your donation check to: NCJW Sacramento, Attention: Tributes, P.O. Box 340174, Sacramento, CA 95834.

Thank you. Your Tributes are greatly appreciated.

TRIBUTES

To Taliah Berger: *In memory of her mother, Madeline Frampton*
From: Beryl Michaels and John Bach

To Avi Hammel: *In honor of his Bar Mitzvah*
From: Michael Hersher

To Randee Heselov: *On her 70th Birthday*
From: Barbara Binder

To Eileen Jacobowitz: *In honor of her receiving the NCJW Visionary Leadership Award*
From: Susan Rosenberg

To Beryl Michaels: *To say thank you for your help in setting up NCJW's new fundraiser, ordering Mah Jongg cards*
From: Lydia Inghram

To Sandi and Shel Rosenblum: *On their 50th Wedding Anniversary*
From: Barbara Binder

To Nanette Wong: *In memory of her father, Robert 'Bob' Hyman*
From: Betty Reuben

To Nanette Wong: *In memory of her father, Robert 'Bob' Hyman*
From: Beryl Michaels and John Bach

COVID-19 TOWN HALL, FROM PAGE 4

regarding the possible risks of the vaccination itself, Dr. Brodovsky was clear that it is far better to get vaccinated as the underlying diseases, whether auto-immune or otherwise, definitely make the COVID-19 disease a much bigger threat. Also, for people on drugs that suppress the immune system, or even the elderly who have weaker immune function, it is far better to receive the vaccination.

People who have a history of anaphylactic reaction to food or a previous adverse reaction to another vaccine can receive the shots, but may need to wait 30 minutes before leaving the vaccination center rather than the 15-minute waiting period for most vaccine recipients.

The trials did not include pregnant women or children, although several women became pregnant after receiving the vaccination and experienced no adverse reactions.

As for whether people who have had COVID-19 require a vaccination, the answer is yes, but ideally after 90 days as generally people are well protected for those first few months after being sickened by the virus. Moreover, having the vaccination would not cause one to test positive for COVID-19 since the mRNA creates the protein to produce the antibodies, not more DNA.

Since the inflammatory response is an important part of building antibodies, Dr. Brodovsky recommended that, if possible, one avoid anti-inflammatories such as Ibuprofen, Tylenol or even ice to deal with any aches or fever that may result from the vaccination.

People who have received the vaccination are protected, but they may still be able to transmit the virus which can still settle in their respiratory tracts, even if it does not cause symptoms. So as we move toward herd immunity, we will still need to follow all the precautions of mask wearing, social distancing and restricted gathering.

NCJW Sacramento is grateful to Dr. Brodovsky for sharing his time and knowledge with our organization. He's a natural educator, and he provided clarity to an otherwise complex and changing topic.





eNEWS ARRIVES EVERY TUESDAY

You'll get the latest news and updates with your Tuesday NCJW Sacramento eNEWS. Keep up to date about events and important issues.

Please be sure the eNEWS goes to your inbox and not into your spam folder. If you have changed your email in the last year, let us know at info@ncjwsac.org.



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Sacramento Section

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UPCOMING EVENTS

MARCH

- 3-24 JEWISH FILM FESTIVAL (VIRTUAL)
sacjewishfilmfest.org
- 14 ROSH CHODESH
- 21 HEALING HUDDLE #4
- 31 NCJW SACRAMENTO PASSOVER PARTY

APRIL

- 1 "ART WITH A HEART" MIM KICK-OFF
- 7-8 YOM HASHOAH
- 12 ROSH CHODESH

MAY

- 2 CONCLUSION OF "ART WITH A HEART" MIM
- 12 ROSH CHODESH
- 26 LOBBY DAY

JUNE

- TBD CLOSING MEETING
- TBD ROSH CHODESH

MARCH 31, 2021, 7PM VIA ZOOM

NCJW Sacramento Passover Party

Join us for a celebration complete with (recipes for) kosher for Passover cocktails and mocktails, charosets from around the world, music by Rabbi Nancy Wechsler, our own four questions, a unique dayenu and the retelling of the story through a woman's point of view.
For details and to RSVP, visit:
ncjwsac.org/events/ncjw-sacramento-passover-event/.



ART WITH A HEART FOR TEENS IN FOSTER CARE

April / May Mitzvah-In-A-Minute

NCJW Sacramento
+ Freda Fund
See Story Page 7

