

A FOCUS ON MINDS AND MOODS WHAT A MITZVAH!

NCJW SACRAMENTO

Mitzvah in a Minute (MIM)

Benefitting Sacramento's Meals on Wheels

Help Meals on Wheels enhance their winter meal delivery service by donating activity materials to their packages for over 2000 seniors throughout Sacramento.

Because of Covid-19, many seniors are feeling more isolated. Your donations will lift the spirits of thousands of seniors and also help maintain their cognitive and creative skills.

DONATION DATES:

Monday, November 23 - Thursday, December 10

MIM Delivery and mini-Hanukkah Celebration (with masks)

Friday, December 11, Noon to 1:00 p.m.

Meals on Wheels, 4527 Harlin Drive, Sacramento 95826

DONATION IDEAS

- Crossword puzzles
- Sudoku books
- Trivia and joke books
- Brain teasers
- Large print books
- Adult coloring books & colored pencils
- Larger piece puzzles
- Engaging placemats
- Simple arts and crafts projects
- Children's drawings/cards with inspirational/positive messages

DONATE MATERIALS AT:

Neighborhood Collection sites throughout the area

OR Contribute

<https://donorbox.org/mim-benefitting-meals-on-wheels>

Learn more about Meals on Wheels:

<https://www.mowsac.org/>

NCJW[®]

National Council of Jewish Women
Sacramento Section

meals on
wheels
by acc

Neighborhood Collection Sites

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Campus Commons

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Fair Oaks/Folsom/Gold River/ Surrounding Areas

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Learn more about NCJW Sacramento:

<https://ncjwsac.org/>