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CLOSE THE CAMPS**

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FOR THE NEW YEAR**

Recipes to offer adornment for the round challah and a honey almond crunch cake.



NCJW® BULLETIN

SACRAMENTO SECTION

NATIONAL COUNCIL OF JEWISH WOMEN

AUTUMN 2019

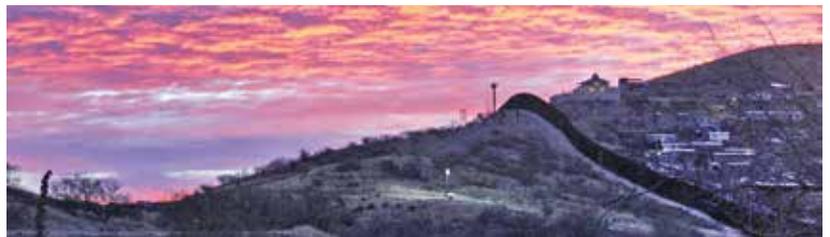
VOLUME 32 ISSUE 1

ON THE WEB: ncjwsac.org

INFORMATION: info@ncjwsac.org

FIRSTHAND EXPERIENCE FROM THE BORDER

Opening Meeting Sept. 8 speaker Dr. Dale Stark will share stories from her medical service at our southern border



Laurel Hollis

Please join us for our NCJW Sacramento Opening Meeting of the year from 3 p.m. to 5 p.m. on Sept. 8 in the Social Hall at Congregation B'nai Israel.

Our keynote speaker will be Dr. Dale Stark, a local pediatrician who worked for Sutter Medical Foundation for 27 years and is active in the NorCal Resist movement. Dale recently returned from the southern border and will share stories of the many families and individuals whom she served as part of a NorCal Resist team.

Prior to her work in Sacramento, Dr. Stark was a clinical professor at San Francisco General Hospital and a physician at La Clínica de la Raza in Oakland. She has fought for women's and children's rights since the 1970s.

This time of chaos and controversy at our border with Mexico is considered by many to be the worst global refugee crisis since World War II. Recently, the current administration has cut its refugee resettlement admission targets drastically, destroying the hopes of many families

and individuals seeking a peaceful and productive life in the U.S.

NCJW's national board joined with 160 Jewish organizations in a message sent to Secretary of State Mike Pompeo, stating, "As Jews, we know all too well what happens when people fleeing for their lives have nowhere to turn. Our parents, grandparents and neighbors... once faced a similarly callous and unwelcoming world, with fatal consequences. The Jewish community has a particular moral responsibility that compels our commitment to welcoming strangers."

At this meeting we will also host representatives from other refugee advocacy and action groups, including Anna Molander Hermann of RAICES (Refugee and Immigrant Center for Education and Legal Services). Anna will talk about actions we can take now to improve the lives of children and families who are wandering strangers in need of our attention and aid.

Light refreshments will be served. Non-members are welcome. Bring friends!

Help us plan by RSVPing to info@ncjwsac.org.

DALE STARK



It came as no surprise to me that my long-time colleague, Dale Stark, was volunteering at our Mexican border, helping to care for migrants. I had the privilege to work with Dale for Sutter pediatrics for over 25 years. She is a smart, kind, thorough and hardworking pediatrician, passionate about the care of children.

She studied Spanish in school and during college spent a semester in Mexico, where she developed a love of the people and country. After college she lived in Mexico for one year. She has traveled through Central America. Besides a love of helping to advocate and medically serve the Spanish-speaking community, Dale is a foodie, an excellent cook/baker and an avid bicyclist.

— Nanette Wong



National Council of Jewish Women
Sacramento Section

Board meetings are open to all NCJW members. Monthly meetings are held the second Tuesday, 6:45 p.m. Check location before planning to attend. Please confirm time and place with any Board member.

Minutes can be downloaded from our website: ncjwsac.org/membership.

The BULLETIN is the official publication of the National Council of Jewish Women, Sacramento Section.

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WELCOME TO NEW NCJW MEMBERS

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New board member Laurel Hollis jumps in on many projects

Laurel Hollis is the newest member to join the Board. She joined NCJW Sacramento in 2018 and participated in the leadership training program, SacPOST and Lobby Day. All of these inspired her to dedicate more time to the group.

When she lived in San Francisco, Laurel was an account supervisor in an advertising agency with Levi Strauss and Clorox



Laurel Hollis

as her primary account responsibilities.

After moving to Sacramento 27 years ago, she dove into working for expansion of arts education in the San Juan School District.

She is a member of Congregation B'nai Israel, and has served as co-chair of the

Membership Committee for the last three years.

Laurel has two adult daughters, Sydney and Emma, who grew up at CBI. Her daughters recently named Laurel's new five-month-old "rescue" cat Harry – after Harry Potter who was also an orphan.

In her free time Laurel enjoys walking, yoga, reading (mostly non-fiction) and writing. She is currently learning to write poetry at the Sacramento Poetry Center. Formerly a long-distance bike rider, she also intends to get back into casual cycling.

SHANA TOVA

Have a good year from the NCJW Sacramento Board.



MESSAGE FROM A BOARD MEMBER

Eileen Jacobowitz



From Strength to Strength

NCJW is kicking it up a notch. The Sacramento Section has always been a place where dynamic women do amazing things to improve the lives of women, children and families. Thanks to the steady leadership of President Anne Eisenberg and the wisdom and energy of veterans and new members, today we find ourselves well-positioned to have an even bigger impact.

Our finances are strong. Fiscal stewardship, thoughtful spending, and last year's successful Passover Punim vote-by-donation fundraiser have put us on firm financial footing. Our treasurer, Karen Soskin, continues to look for opportunities to cut costs.

We have improved our organizational efficiency and online presence by hiring a skilled and creative part-time administrative assistant, Nela Lee. Her outstanding behind-the-scenes work means NCJW volunteers have more time to make a difference on the streets, in the community and in the Legislature.

The influx of enthusiastic new members – alums from our first leadership program – has brought energy, new ideas and new opportunities for creating connections. Our membership rolls are solid. As of this writing, we have 328 members.

Partnerships with sister organizations, including A Stronger

California, CA Interfaith Coalition, the Jewish Federation, Women's Empowerment, and Aspiranet foster youth program, amplify our ability to make a difference in the advocacy and community service spheres. We have countless experienced, savvy and well-connected Section members who are able to open doors, solve problems and plan thoughtful and timely programs.

At our annual planning meeting on Aug. 4 (see page 6), the Board explored ways to leverage our assets (e.g., our leaders, our members, our staff, our relationships, our finances) to bring the Section to the next level of organizational maturity, impact and engagement. With this in mind, the Board developed a set of guiding principles that will inform our decision-making over the next year.

- Tie decisions to our goals and mission.
- Be strategic about where we can have an impact.
- Align with national priorities.
- Leverage technology wherever possible.
- Create a Section our daughters/nieces/daughters-in-law would get excited to participate in and lead.
- Let leaders lead.
- Strike a balance between fiscal stewardship and thinking big.

This is an exciting time to be part of the Sacramento NCJW community. Thank you for your contributions on this journey as we go from strength to strength.

EVENTS:

SEPTEMBER

- 6** 'TRANSITIONAL AGE YOUTH' COOKING CLASS
12:30-3:00 p.m.
- 8** **NCJW SACRAMENTO OPENING MEETING**
3-5 p.m. Social Hall,
Congregation B'nai Israel

ROSH HASHANAH: Sept. 29-Oct. 1
YOM KIPPUR: Oct. 8-9

NOVEMBER

- 2** **MIM: THANKSGIVING DINNER FOR CHILDREN IN FOSTER CARE**
Details in our eblasts.

DECEMBER

- TBD** **MIM: HOLIDAY OUTREACH**
Gift bags with the Jewish Federation. Details to come.

TO DO:

- **SIGN UP FOR AMAZON SMILE** so that .5% of your online purchases will go to NCJW. It's easy; go to our home page at ncjwsac.org.
- **BUY FAIR TRADE CHOCOLATES** from Naomi Rice at 916 359-0787 or nrice@surewest.net. NCJW Sac receives a portion of the sales.
- **MAKE A TRIBUTE** to celebrate, congratulate, appreciate, send get well notes or condolences. Recognize family and friends with a Tribute, while helping NCJW Sac. Email Sheila Budman at sheila@ncjwsac.org (see page 11).



Weekly eNEWS email messages keep you up to date about events and important issues.

Contact us: info@ncjwsac.org

Some bills are still being considered by Assembly or Senate committees

Claire Lipschultz

It has been a very busy legislative session with concrete wins on issues of concern to NCJW. Some of NCJW CA priority bills are still being considered by Assembly or Senate committees, a few have become two-year bills and will be considered next year, while others have been signed by the Governor.

Oct. 13 is the last day for the Governor to sign or veto bills passed by the Legislature. Thank you to NCJW Sacramento members for your continued advocacy.

Child Care

AB 194 (Reyes) seeks to improve access to subsidized child care by providing \$1 billion to childcare services.

Status: The bill did not make it out of Assembly Appropriations Committee. However, the Governor's budget allows for 12,000-plus new vouchers (the ask was for 30,000). AB 194 will likely be a two-year bill.



Claire Lipschultz

SB 321 (Mitchell) A Strong Start to CalWORKS would allow families first entering CalWORKS to have continuity of childcare. (budget ask)
Status: The bill passed both houses and is in the Governor's 2019-2020 budget.

Human Trafficking

SB 630 (Stern) gave local governments clear ability to enforce Human Trafficking Hotline poster law.
Status: The bill was passed by both houses and was signed into law by the Governor.

AB 629 (Smith, Gonzalez) secures lost income for human trafficking survivors from the California Victim's Compensation Fund.

Status: The bill is likely to go to the Governor's desk.

Health Care Access

SB 29 (Lara and Durazo)/**AB 4** (Bonita, Chiu, Santiago) would provide MediCal coverage to undocumented adults who are otherwise eligible from

ages 19-25 and seniors over 65 years.
Status: The bill passed and was amended to expand coverage only to undocumented young adults ages 19-25 and the Governor's budget includes funds to do so.

Ending Childhood Poverty

AB 24 (Gonzalez and Burke) provides for targeted child tax credit to help low income families.

Status: The bill is considered a two-year bill and has been held in Appropriations Committee.

Paid Family Leave

SB 135 (Jackson) extends job protection to workers who take such leave at businesses with five or more employees.

Status: The bill is now a two-year bill so will be considered again next session. The Governor did create a task force to analyze the fiscal impact of this bill.



A Stronger CA Advocates Network presents Advocacy Day Aug. 28

Claire Lipschultz

National Council of Jewish Women CA is a proud member of A Stronger California Advocates Network, a collaboration of over 50 organizations and advocacy coalitions from around the state working to promote policy reform to improve the economic security of women and families in California.

NCJW Sacramento has advocated forcefully on many of the bills on the legislative agenda of A Stronger CA

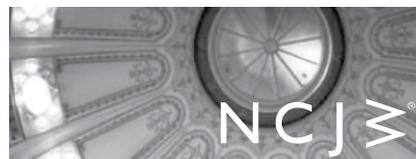
during the NCJW CA Lobby Day and beyond to rallies on the Capitol steps.

On Advocacy Day, Aug. 28 A Stronger California, along with NCJW members, will have gathered to advocate for bills to advance equal pay, lactation accommodations, child care and predatory lending, as well

as to fight poverty-related car towing practices and more.

Prior to this event, an overview training on the priority bills and on conducting legislative visits will have been provided to all attendees.

A lively NCJW Sacramento contingent is expected to be present.



CALIFORNIA STATE POLICY
ADVOCACY ACTION ALERT



An impassioned Claire Lipschultz delivered a speech at the vigil that got the crowd responding.



The engaged crowd also heard NCJW member Ann Kanter's remarks in Spanish.

Aug. 10 vigil to close immigrant detention camps took place at northern California's last remaining detention center

Claire Lipschultz

Twelve NCJW Sacramento members and many more of their friends joined others across the nation at vigils on Aug. 10 and 11 to demand closure of inhumane immigrant detention camps.

Scheduled on Tisha B'av, a communal day of mourning for the Jewish people, nearly 200 people of diverse faiths and ethnicities gathered at the northern California's last remaining detention center, Yuba County Jail, to mourn the horrific treatment of asylum seekers, refugees and immigrants today. We experienced the grief from 2,500 years ago and from today.

NCJW Sacramento helped to organize the local vigil. Our national and Sacramento Section board director Claire Lipschultz spoke about the national call to action by NCJW, Inc., along with partners Truah, Bend the Arc, J Street, HIAS and the Religious Action Center of Reform Judaism. Claire told of how our Jewish history and the Torah compel us to act

against injustice toward the stranger and to love the immigrant. She led the group in a call and response, crying out "NO" to the list of current inhumanities and "YES" to the sanctity, preciousness and dignity of all life.

Together, we learned, sang, prayed and protested. The cultural inclusiveness of the vigil created solidarity among the many participants. It began with a ceremony blessing the vigil space, which had been Maidu lands, starting with the blowing of a conch shell, prayers and dance by feathered native American dancers.

In striking similarity, Rabbi Greg Wolfe of Congregation Bet Havarim blew the shofar to begin the program, and the havdalah service followed. As dark fell, everyone sat on the ground as readers recited chapters of the Book of Lamentations, Eicha, in Hebrew, English, Spanish and Yiddish. NCJW Sacramento member, Ann Kanter, gave an emotional reading in Spanish.

Between the readers, we bore witness to the testimonies of those

impacted by ICE policy. A young Afghan man awaiting an asylum hearing was taken from Sacramento, shackled and imprisoned in a detention camp for months with little food. The husband of a young woman and mother was picked up and has been in a center for many months, too far for her to visit. Their stories are heartbreaking.

Michael Hersher provided moving music and song.

At the end, we recited Kaddish together and spoke the names of immigrants who have died in the camps and in attempts to find sanctuary in the U.S.

In the light of a rising moon, the group dispersed, rededicated to the message. To those who would tear apart the moral fabric of our lives, we will always be here to stitch it back together.

NOTE: After the event, the lead organizer of the Tisha B'av vigil, Eva Mzroczek, sent a note to Claire about NCJW's participation: "I am so grateful for your organizing work, your presence and your voice! Thank you."

NCJW Sacramento Board outlined goals at its annual planning meeting

The Board focused on four goal areas for the coming year: financial stewardship, member engagement, operational efficiency and leadership development.

Leslie Levitas

Each year, the NCJW Sacramento Board members meet in late summer for a “mini-retreat” to organize and plan for the year ahead. This occasion provides an opportunity to reflect on what we have accomplished and to clarify our vision and priorities for the coming year.

This year’s meeting was held at the Carmichael Library. Board members gathered early on a Sunday morning to exchange ideas and inspiration. This year, the Board was also joined by alums from the new NCJW leadership program.

We kicked things off with an icebreaker which involved each person sharing an object that is meaningful and explaining why it is important to them. This got the juices flowing and the conversation quickly became animated. The Board focused

on four goal areas for the coming year: financial stewardship, member engagement, operational efficiency and leadership development.

Discussion ranged from upcoming legislative work and essential lobbying activities to the many ‘Mitzvah in a Minute’ events in the works.

Robust and sometimes heated exchanges paved the way for a rich and productive dialogue. Eileen Jacobowitz kept the conversation moving, led us through exercises and facilitated the meeting with her signature humor and diplomacy. With reproductive rights in jeopardy, the crisis at our borders and the urgent need to protect families and children, we need all hands on deck to fulfill our mission. Our work is cut out for us, and we look forward to all members participating in a productive and fun year!

An engaging Speakers Series is planned for 2019-2020

Beryl Michaels

Our NCJW Sacramento 2019-2020 Speakers Series will begin with our opening meeting, featuring a discussion of immigration through a firsthand look at our southern border. This discussion will be presented by Dale Stark, M.D., a Curtis Park resident (see page 1).

This discussion on immigration will be followed later in the year by a program that explores the legal implications of the administration’s policies on asylum seekers, immigrants and so-called undocumented people. The program is being chaired by Bobi Gould and Laurel Hollis.

Other Speakers Series topics are under consideration:

- A panel discussion after viewing “Foster,” a powerful and emotional documentary set in Los Angeles, which focuses on the L.A. County Dept. of Children and Family Services, the largest county child welfare agency in the country. This will be chaired by Naomi Rice and Lois Brown.
- The showing of the award-winning documentary film, “Miss Representation,” which was written, directed and

produced by Jennifer Siebel Newsom, first partner to Governor Gavin Newsom.

- A presentation of NCJW’s Israel project, “Connecting for Impact: Strengthening the Feminist Ecosystem in Israel.” NCJW and Tel Aviv University’s NCJW Women and Gender Studies Program have partnered in a new initiative to advance the feminist movement in Israel.
- A talk, discussion and call to action about gun violence. Every day, 100 Americans are killed with guns and hundreds more are shot and injured. The effects of gun violence extend far beyond these casualties—gun violence shapes the lives of millions of Americans who witness it, know someone who was shot, or live in fear of the next shooting.

WE WELCOME YOUR HELP. In addition to your ideas for speakers, your help in planning the upcoming year’s events is especially important. If you would like to chair or help with any of these topics, please contact beryl@ncjwsac.org.



Volunteers gathered at McGeorge School of Law for SacPOST orientation. To increase awareness of human trafficking in Sacramento, NCJW Sacramento, along with the Rescue and Restore Coalition, developed the Sacramento Poster Outreach 2 Stop Trafficking (SacPOST) campaign.

Impressions of an afternoon doing SacPOST

Laurel Hollis

NCJW Sacramento, along with the Rescue and Restore Coalition, developed the Sacramento Poster Outreach 2 Stop Trafficking (SacPOST) campaign as part of its efforts to increase awareness of human trafficking in Sacramento. The law requires certain businesses to display a poster that informs the public about human trafficking. The poster includes the number for the National Human Trafficking Resource Center.

The morning of June 9 was hot, promising an afternoon of smothering air and quick dashes to and from the car. I imagined staying in my cool and peaceful home, but a vision of an empty room at McGeorge School of Law where all SacPOST volunteers would soon meet for orientation brought on terrible cringing. I drove to the meeting.

After receiving our posting locations, Anne and Hal Eisenberg and I set out with posters and tape. We found every one of our assigned locations. Some were closed, but we visited several that were open, and

succeeded in putting up posters.

At the close of the afternoon, I thought about how SacPOST motivated me to return next year. The manicure salon, the car-themed barber shop and the aging, but clean, sports bar are owned by individuals who work so hard to make a go of it. They're a part of my community I would never meet if I didn't participate in SacPOST.

Their owners greeted us politely and listened carefully as we explained our purpose. Each of these owners was happy to help by putting up a poster or replacing an outdated one.

To relate a background story, the month prior to SacPOST, a 14-year-old girl texted the national sex trafficking hotline from San Jose. She was able to escape and help law enforcement identify and capture the traffickers. Other adolescents being held captive with her were rescued. The posters are effective.

Next year, I encourage you to devote a weekend afternoon to reach out to neighboring businesses, and offer help to enslaved young women and men caught in a terrifying situation. It's worth it.

NCJW's Healthy Relationships Education Program

Nanette Wong

Now in its twelfth year, the "Love Shouldn't Hurt" program, developed by Shalom Bayit in the Bay Area, is helping local Jewish middle school students explore healthy vs. unhealthy vs. abusive relationships from a Jewish perspective.

This program is a peer-led, 90-minute interactive program, led this year by three Jewish high school seniors, Gabi Laxer, Sara Hadigian and Simeon Richardson. These teens visit area synagogues to present the healthy relationships program.

The program also teaches skills to help others in abusive relationships and offers resources to teens.

Each year, one in 10 American teenagers suffers physical violence at the hands of a boyfriend or girlfriend, and many others are sexually or emotionally abused. Dating violence can inflict long-lasting pain, putting survivors at increased risk of substance abuse, depression, poor academic performance and experiencing further violence from a partner. We must continue to teach our youth to expect respect in all their relationships.

As NCJW Sacramento volunteers, Jessica Heskin and I feel privileged to support our teen presenters in these workshops with training, materials, scheduling with synagogue educators and accompanying them to all workshops.

MITZVAH IN A MINUTE – A QUICK WAY TO PARTICIPATE

Double summer MIMs a big success

Becky Goad

On July 30 NCJW members (including longtime members and new ones), young leaders, and children with their parents gathered at the Jewish Federation to perform two mitzvahs: 1) filling 24 colorful backpacks with school supplies for youngsters at the Sacramento Children's Home, and 2) assembling 35 toiletry kits for the participants at Women's Empowerment.

Sacramento's PJ Library was one of ten PJ Library regions nationwide to receive a grant for a mitzvah project. They happily joined the efforts of NCJW to perform this double MIM.

During the well-organized event, 30 participants eagerly filled backpacks with binders, composition books, paper, notebooks, pens, pencils, crayons, markers, colored pencils, rulers, erasers, protractors and calculators. Extra school supplies were donated to the Children's Home

to fill backpacks donated by other groups.

On the other side of the room, folks gathered to assemble toiletry kits and write notes to recipients of backpacks wishing each student a good school year. It was refreshing to see children working alongside parents in each of these endeavors.

There was pizza, snack foods, beverages, and even birthday cake to celebrate Sheila Wolfe's special birthday.

Thank you to the Jewish Federation for providing a warm welcome and a large space for our good work to succeed.

NOTE: PJ Library is a national Jewish literacy program. Children from six months through eight years of age are eligible to receive free Jewish books delivered monthly to their home. In the Sacramento area, more



Organizers of the "backpack" MIM Sheila Wolfe and Bonnie Penix show their appreciation to everyone who came out for this fun project.

than 1,500 children have participated in PJ Library.

Want your child or grandchild to receive books? Contact Shelly Kremer, 916 486-0906, or skremer@jewishsac.org.

Bridge to Success continues its strong community involvement

Andrea Segal

During its first year, NCJW Sacramento's Bridge to Success committee received applications mostly for small grants. These requests included bus passes, small utility bills or deposits, tools for work, registering a vehicle, or dental work.

Now in its 4th year, the BTS committee has seen a shift in applications both in types of requests and the dollar amounts. This shift is due to two major factors:

- Women's Empowerment now assists graduates with some of their needs. Today, the BTS committee rarely sees requests for bus passes, dental work, and real estate course

registration fees since Women's Empowerment helps graduates obtain these items.

An example is the REstart program. In June 2017, a BTS grant was given to an applicant for property management course tuition. As a result of that grant, Women's Empowerment developed a partnership with the Institute of Real Estate Management. Graduates attend a five-week REstart program that includes a detailed and thorough residential property management training program. Once the graduate completes the five weeks, she often receives employment, plus the bonus of housing.

- In March 2017, the BTS

committee's quarterly budget doubled to \$1,000. Currently, the majority of applications request \$500 or more. These applications are for major obstacles that are difficult for the applicant to overcome. Most applicants are requesting grants to cover car repair, car registration, used laptops and college fees.

Note: Sharon Cohen was a founding member of the BTS committee. She requested that donations made in her honor be designated for Bridge to Success funds. We are pleased to report that \$1,250 has been donated to date and will be used exclusively for BTS grants. Donations in Sharon's honor continue to be most welcome.

Sweet wishes for the New Year

Evie Lieb

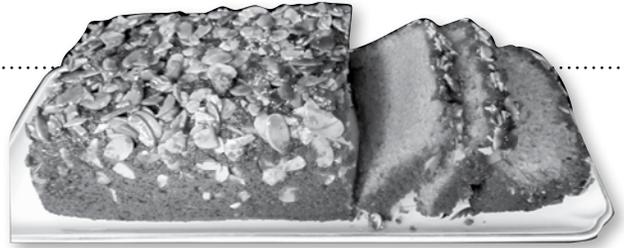
As Rosh Hashanah approaches, we think of the traditional sweet foods that reflect our wishes for 5780, the year ahead. At the top of the list are apples and honey—a perfect combination for dipping or as ingredients in a multitude of treats.

Below is a delicious adornment to offer for the round challot that are symbols of our desire for a round, complete year to come. This spread can be prepared ahead and served at any time of day; it would be especially appropriate as part of a buffet for breaking the Yom Kippur fast.

As I'm not a fan of traditional Jewish honey cake, I created my own version, adapted from a recipe of pastry chef Gale Gand. (For illustrations and an apple compote topping recipe, you can go to my website at www.evielieb.com and search "honey almond crunch." Shanah tovah u'metukah! Wishing you a good, sweet year!)

Honey Almond Crunch Cake

An excellent dessert for the High Holiday season, this is best prepared at least a day ahead to allow the flavors to mellow. I recommend using a good supermarket honey with somewhat strong flavor; a delicate one will not add the traditional honey taste when baked into the cake. Be sure to verify that your pan holds at least 6 cups; the batter will overflow in a smaller pan.



| | |
|---|-----------------------|
| Softened unsalted butter for greasing pan | 1 egg |
| 3 TBSP + 4 TBSP unsalted butter, melted | 1 C buttermilk |
| ¼ C + ¾ C light brown sugar, packed | 2 C all-purpose flour |
| 2 TBSP + ½ C honey (clover honey is a good choice) | 1 tsp baking powder |
| ½ C sliced almonds, toasted (Trader Joe's sells them already toasted!) | ½ tsp baking soda |
| | ½ tsp salt |

Preheat the oven to 350°. Coat a 6-cup loaf pan generously with softened butter.

1. Pour 3 TBSP of the melted butter into the bottom of the pan; tilt pan to coat the bottom evenly. Evenly sprinkle in the ¼ C of brown sugar. Drizzle in the 2 TBSP of honey and sprinkle the almonds evenly over the bottom.
2. In a large bowl, whisk the egg. Add the remaining ¾ C brown sugar and whisk to combine. Add the 4 TBSP melted butter and ½ C honey and mix. Whisk in the buttermilk.
3. In another large bowl, combine the flour, baking powder, baking soda, and salt. Whisk to combine them well, then add them to the liquid mixture in three batches, mixing gently until smooth.
4. Pour the batter into the prepared pan. Bake until a tester inserted into the middle of the cake comes out dry and almost clean (a few crumbs are okay) 50 to 60 minutes. Keep a close eye on the cake to avoid over-baking it.
5. Let cool in the pan for only 5 minutes, then turn out onto a wire rack and let cool until the topping is firm. If some topping sticks to the pan, gently scrape it out and "paste" it back on the bare spots of the cake. If the topping left in the pan hardens too much, place it in the turned-off oven for a couple of minutes; it will soften and become much more manageable.
6. Cool the cake completely before storing in a box or wrapping loosely in foil. When ready to serve, use a serrated knife and cut with a sawing motion to avoid shattering the pretty crust. Offer with apple compote for a real Rosh Hashanah (New Year) treat.



APPLE-DATE SPREAD FOR YOM TOV CHALLAH

| | |
|--|--------------------|
| ½ lb butter or parve margarine, softened | ½ C chopped dates |
| ½ C finely chopped or grated apple | ¼ tsp cinnamon |
| 1 TBSP lemon juice | 2 TBSP brown sugar |

Pulse all ingredients together in a food processor with the chopping blade. Store in the refrigerator. Makes about 1 ½ cups.

HAPPENINGS IN OUR SECTION



Theodora Wilner, left, with Shirley Rosenbloom, was introduced and honored for her contributions to NCJW Sacramento.



Graduates of the NCJW Sac Leadership Program, from left, Miriam Joffe-Block, Shelly Kremer, Annie Morgan, Amy Solov, June Wiaz and Sheila Wolfe, were introduced and received certificates of completion. Not pictured: Margee Burch, Leah Dankman, Laurel Hollis, Davita Levin Robinson and Rachel Phillips.

Members were encouraged to continue social justice activism

Claire Lipschultz

On June 30 nearly 100 Sacramento Section members and friends gathered together for inspiration, action, camaraderie and good food at our Section's Closing Meeting. Six of the graduates of the newly initiated Leadership Program were introduced, and Theodora Wilner was honored with the Section's Unsung Heroine award. Our keynote speaker was Maggy Krell, chief counsel of Planned Parenthood California.

We learned about Theodora's history of making change since 1976 and her many contributions to NCJW through her work as the co-founder and chair of the Anti-Human Trafficking Committee. She helped create the Section's materials,

educational programs and community outreach tying the fight against human trafficking to Jewish values. Her efforts led to NCJW leadership on the issue throughout the state.

Also, Theodora has consistently supported NCJW Sacramento with significant annual financial donations which have allowed the Section to do its work. Her generous philanthropy, most recently securing a \$10,000 grant from the Annenberg Family Fund, has been invaluable to the health and productivity of the Section.

We had the privilege of hearing from Maggy Krell, who gave us an overview about the pervasive and successful attacks on women's health and reproductive rights happening across the country. Planned Parenthood, as one of the most

utilized clinics for women's health services in the nation, has specifically been targeted for defunding, threatening the delivery of low cost basic health services as well as birth control and abortion services, thus eliminating access to services and choice for millions of women nationwide, and more than one million in California.

Maggy urged all of us at NCJW to keep fighting for the reproductive rights protected by Roe v Wade. And we did that at the event, as attendees signed a letter urging the California Legislature and Governor to require public universities to supply medical abortion services (pills) at campus health clinics.

The program was indeed a tribute to our founder, Hannah G. Solomon.

NCJW NEEDS YOU!

THE BOARD IS SEEKING AN ISRAEL PROGRAM CHAIR
NCJW has amazing programs in Israel to help women, children and families. We are looking for a member to keep our Section current with national and international news and present one program a year. NCJW Sacramento budgets \$1,000 per year to support our Israel Granting program. Interested? Contact anne@ncjwsac.org.

BULLETIN EDITOR IS MOVING ON

Carol Blackman is retiring as Bulletin editor after the winter edition. Along with the help of the Bulletin committee, the editor assigns stories, edits and designs the layout. Carol will help the new editor with the spring Bulletin. To learn about the requirements for the position, contact carolxo@comcast.net or anne@ncjwsac.org.

NCJW gives you the opportunity to:

- **Advocate for local and statewide laws** to secure reproductive rights, women's equity, immigration, racial justice and more.
- **Learn about today's issues** from experts and experienced leaders.
- **Act on projects to empower** those most vulnerable, including homeless women, foster youth, immigrants and human trafficking survivors.
- **Be part of our ongoing**, local, intergenerational effort to impact Sacramento and beyond.
- **Do all the above with fun**, motivated, thoughtful, like-minded women.

RENEW your membership for \$54 online at ncjwsac.org or mail your check to: NCJW, P.O. Box 340174, Sacramento, CA 95834.

Purchase a Tribute

NCJW welcomes **Sheila Budman** as our new Tribute chair. Sheila will send a personal note for each Tribute.

Want to honor a friend or celebrate an occasion or remember someone in the nicest possible way?

Purchasing a Tribute is a great way to honor a loved one and share your sentiments with friends and family while supporting NCJW projects locally and in Israel.

You can designate a Tribute in the name of a family member, colleague, friend or loved one, or to commemorate a special occasion or holiday, by emailing sheila@ncjwsac.org or visiting our website, ncjwsac.org/giving.

DONATE A TRIBUTE ONLINE OR BY MAIL:

Send your name, check, indicate the number of cards, dedication, name of honoree and address of the honoree to NCJW Sacramento, Attn: Sheila Budman, P.O. Box 340174, Sacramento, CA 95834.

Tribute minimum donation is \$10. A Tribute card will be sent out in your name to your honoree.

You may also purchase blank Tribute cards to personally send yourself— \$45 for a package of five cards.

NCJW appreciates all of your Tribute donations.

TRIBUTES

Your Tribute funds support our programs and projects both locally and in Israel.

To: JUNE WIAZ
From: Carolyn Horwich & Holger Ciupalo
• In honor of your bat mitzvah in Israel

To: JOAN GORFAIN
From: Bonnie Penix
• In honor of your service as Director of Israel Affairs/JCRC on our Board

To: NAOMI RICE
From: Beryl Michaels and John Bach
• Condolences on the death of your father

To: HAL EISENBERG
From: Beryl Michaels and John Bach
• In honor of your 80th birthday

To: CHARLOTTE BALLARD
From: Joan and Dave Bories, Phyllis and Norm Jacobs, Holly Ilfeld and Bob Bennett, Beryl Michaels and John Bach, and Jill Stecher and Dan Weitzman
• In memory of your beloved companion Bob Zeff

To: SHEILA WOLFE
From: Bonnie Penix
• In honor of your special birthday

COUNCIL NOTES

Our Section recognizes and honors members' news with sincere thoughts.

To: EILEEN JACOBOWITZ
• Condolences on the death of your father.

To: JENNIFER KAUFMAN
• Congratulations on being named next chair of the Union for Reform Judaism, a great honor and responsibility.

To: CAROL MOON GOLDBERG
• Congratulations on your election to be president of the California League of Women Voters. Carol has been a member of the League for 25 years.

To: AARON AND NOAH COHEN
• Condolences on the death of your mother. The Section mourns the recent passing of our longtime member Sharon Cohen.

TRIBUTES AND DONATIONS IN MEMORY OF SHARON COHEN

Sharon requested that donations in her memory be designated for the Bridge to Success grants.

Iris Bachman
Jolie Baron
Barbara Binder
Sally Burkett
Sandy Deutsch
Kathy Dodson and Members of the Hadassah Non-Fiction Book Group
Elena Friedman-Weiss
Esther Gaines
Becky Goad
Holly Ilfeld and Bob Bennett
Barbara Jacobs
Carole Jacoby

Leslie Kuperstein
Karen Lane
Beth (Bob and Suzie) Lauer
Cheryl Meyers
Beryl Michaels and John Bach
Bonnie Penix
Carolyn Rokke
Andrea Segal
Chris Solich
Michele Stern
Irit and Jeff Winston
Nanette Wong

Dear Sharon, Thank you for always being there for me. In so many aspects of my life, I could always count on you for love and support.

The Bridge to Success scholarship fund is our crowning glory. As one of the BTS founding members, your legacy lives on in the grant program you helped to create. Save me a seat next to you at the Mah Jongg table in Heaven. — Becky Goad (For complete letter, goadbg@gmail.com)



National Council of Jewish Women
Sacramento Section

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THE SIMA SPECTOR HEALTH CONFERENCE HEALTHY FAMILIES, HEALTHY LIVES

Speakers:

Lydia Wyrzes, MD
Neurologist/Sleep
Specialist; Director,
Sutter Sleep Centers

Valerie Wolfe, PhD
Director, Wolfe
Sleep and Wellness;
Psychologist, Summit
Pain Mgmt. Institute

Erika Meredith, PT, DPT
Doctor of Physical
Therapy, Orthopedic
Clinical Specialist,
Kaiser Permanente



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Rancho Cordova

Doors and
Exhibitors open
at 5:00 pm

A light meal
will be served.

Must RSVP:
asmdc.org/cooley
or
916 464-1910
by Sept. 6

Sleep Well for Better Health

Thursday, Sept. 19 | 5:30-8:30 p.m. | Free



Improve sleep to protect mental and physical health and quality of life.