

P 4 / SURVEY RESULTS

30 percent return brought a variety of responses and ideas

P 5 / LEGISLATIVE ADVOCACY

NCJW member activism gets results on legislative issues

P 7 / BRIDGE TO SUCCESS

Providing quarterly grants to graduates of Women's Empowerment

P 9 / RECIPES FOR THE NEW YEAR

Beets two delicious ways: hors d'oeuvres, savory and sweet-tart



NCJW [®] BULLETIN SACRAMENTO SECTION

NATIONAL COUNCIL OF JEWISH WOMEN

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ON THE WEB: ncjwsac.org

INFORMATION: info@ncjwsac.org

"Something for Everyone!"

OPENING MEETING SET FOR SEPT. 16

Guest Speakers: Melanie Mages and Anne Kjemtrup

Co-Organizers and Co-Leaders Sisterhood of Salaam Shalom

As we usher in the Jewish New Year, we begin our Section's year with our annual Opening Meeting, 1–3 p.m. on Sunday, Sept. 16, at Nepenthe Clubhouse, 1131 Commons Dr.

We welcome all NCJW members, prospective members and guests. Partly social, partly informational with a little nosh thrown in, the annual Opening Meeting serves many purposes.

It's a time to schmooze with long-time friends, meet new ones and reconnect with our identity as NCJW members.

President Anne Eisenberg and others will focus on advocacy coalitions and activities for the coming year, including voter registration, a new leadership program, and a project to support youth in the foster care system.

Hear about plans for continuing the Sacramento Section's broad approach that advances social justice and dignity for all. From Mitzvahs in a Minute (MIMs) to Lobby Day, book club to Mah Jongg—within our Section's many activities that support women, children and families, regardless of ethnicity, religion and economic status—there is truly... "Something for everyone!"

Our guest speakers are Melanie Mages and Anne Kjemtrup. They are the organizers and co-leaders of Sisterhood Salaam Shalom. Sisterhood Salaam Shalom began in January 2017 when the first chapter was formed with 12 women—six Muslim and six Jewish, sharing a meal together and introducing themselves. From this gathering came an understanding of the need to bridge the gap between Muslim and Jewish women to grow and learn together.

To date, there are 18 women in that first Sisterhood chapter with equal

representation of Muslim and Jewish women, and a second chapter of 14 women. Melanie says, "Women have the wonderful ability to be open and talk about our lives, our hopes and dreams. It appears that our group can be aptly nicknamed 'The Love Army' (Van Jones). We gather together as friends and expand our landscapes to create a more just world."

As founders and co-leaders of the first and second chapters, Melanie and Anne have plans to form two more Sisterhood chapters and are excited about the formation of a teen group.

Please join us at Opening Meeting to listen to inspiring women activists, and participate with us in the coming year as we put NCJW's ideals into action.

Light refreshments to be served. Please RSVP to info@ncjwsac.org.



Some of the members of the first and second chapters of Sisterhood of Salaam Shalom are shown above at a recent gathering. More chapters are forming, including a teen chapter.



National Council of Jewish Women
Sacramento Section

Board meetings are open to all NCJW members. Monthly meetings are held the second Tuesday, 6:45 p.m. Check location before planning to attend. Please confirm time and place with any Board member.

Minutes can be downloaded from our website: ncjwsac.org/membership.

The BULLETIN is the official publication of the National Council of Jewish Women, Sacramento Section.

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NCJW BOARD MEMBERS



The 2017-19 Board celebrated with a June potluck Board meeting at the home of President Anne Eisenberg. Around the table, left to right, are Karen Ziskind, Joan Gorfain, Anne Eisenberg and Pat Sturdevant. Back row, left to right, are Claire Lipschultz, Eileen Jacobowitz, Naomi Rice, Jodie Weber, Linda Schroeder, Elena Friedman-Weiss, Leslie Levitas and Karen Soskin. Not pictured are Board members Beryl Michaels and Barbara Baran.

FROM THE PRESIDENT

Anne Eisenberg



Last year's events inspired new projects

We wish you all a Happy and Healthy New Year! We hope you will join with NCJW in making the world a better place for everyone.

Starting a new Jewish year and a new Board year for NCJW Sacramento, we will build on our successful 2017-2018 year.

- Advocacy and community service dominated our programs.
- Lobby Day had the largest participation ever, advocating our legislative priorities.
- Bridge to Success gave out \$4,000 in grants to help graduates of Women's Empowerment move forward with their lives.
- Four fun Mitzvah in a Minute programs engaged our membership.
- The film, "Little Stones," gathered a large audience and welcomed participation by sister community organizations.
- It was our first year to contribute \$1,000 to the NCJW Israel Granting Program.
- Last year we hired Nela Lee as our administrative assistant. Her talent has made our work and communication easier and more effective.

Goals for the new year

At the Board's July Planning meeting, we set goals for the new year. As we continue our current projects, we will need more member participation and support to accomplish

our new, ambitious ones.

We are planning a leadership development program—Leading for Change 2019. This will be an opportunity for new and continuing members to develop new skills and meet with women who want to be part of "repairing" the world. We hope to start at the beginning of the year and that participants will go to Washington Institute in the spring. Please let a Board member know if you are interested or write to info@ncjw-sac.org. (See story on page 8.)

...

Are you interested in helping aging-out foster youth? An enthusiastic committee is looking into a new community service program. If you are interested, contact us through info@ncjwsac.org. Get in on the ground floor and let us know you want to help.

...

After much discussion, the NCJW Board changed the Family Shalom committee name to Advocacy and Education to better reflect what it does now.

...

To reach our goals, we will have to raise money. Please support our fundraising efforts, remember someone by sending a Tribute and join Amazon Smile to shop and donate. Or, just make a generous donation.

EVENTS CALENDAR

SEPTEMBER

- 5 VOTER REGISTRATION WORKSHOP, LEAGUE OF WOMEN VOTERS**
Noon at Albert Einstein Residence Center (1935 Wright Ave). Learn how to participate in the voter registration drive.
- 5 SIMA SPECTOR WOMEN'S HEALTH CONFERENCE Taking Charge and Living Well**
5:30–8:30 p.m., with light meal, Rancho Cordova City Hall. Free
- 16 OPENING MEETING**
1–3 p.m. (See Page 1)
Nepenthe Clubhouse

OCTOBER

- 9 PROS AND CONS OF PROPOSITIONS**
7 p.m. at CBI Social Hall

TO DO:

- **SIGN UP FOR AMAZON SMILE** so that .5% of your online purchases will go to NCJW. It's easy; go to our home page at ncjwsac.org.
- **BUY FAIR TRADE CHOCOLATES** from Naomi Rice at 916 359-0787 or nrice@surewest.net. NCJW Sac receives a portion of the sales. Naomi wraps them to make great gifts or to enjoy them personally.
- **MAKE A TRIBUTE** to celebrate, congratulate, appreciate, send get well notes or condolences. Recognize family and friends with a Tribute, while helping NCJW Sac. Email Rosalind Gottfried at rosalind@ncjwsac.org, or at ncjwsac.org. (See Page 11.)



Weekly eNEWS email messages keep you up to date about events and important issues.

Contact us: info@ncjwsac.org

OUR COMMON CAUSES

Members created ‘Piece for Peace’ squares for international peace quilt

Jessica Braverman Birch

In late July, 20 NCJW Sacramento members and some of their children and grandchildren came together for a Mitzvah in a Minute event to create quilt squares for the “Piece for Peace” project.

The quilt is a project of Women Wage Peace (WWP), an inclusive, grass-roots movement in Israel with members from all religions, races and political parties, whose sole reason for existence is to promote the possibility of a mutually acceptable and secure agreement that will end the Israeli/Palestinian conflict.

A few years ago, while preparing for a weekend-long meeting between Israeli and Palestinian women, Women



This fun-loving group showed up to use their creativity to decorate quilt squares for the international peace quilt in Israel.

Wage Peace member Aliza Erez came up with the idea of including some kind of art project that would offer a respite from what she knew would be intense discussions concerning “the conflict.” And, at the end of the weekend, this project would serve as a tangible

reminder of this important event. A quilt seemed to be the perfect answer.

Like the Israeli women who participated that initial weekend, NCJW Sacramento members decorated colorful fabric squares with paint, pens and sparkles with meaningful messages of peace and hope with images of doves, peace symbols, trees of life, and much more.

The squares will be mailed off to Israel to be sewn into the larger quilt, which currently has 10,000 squares created by women all over the world.

The goal? One million peace squares unless an agreement is reached ending the Israeli-Palestinian conflict first. Thank you to all those NCJW members who came to share in the fun at an inspiring afternoon event.

Survey elicited 30 percent response with helpful feedback

Jodie Weber

Our NCJW Sacramento Section distributed an online survey in May created to solicit membership feedback. We designed the survey to understand what keeps you as a member and which events and activities you find interesting.

There was a section in the survey for your opinion about the organization, how it was doing and what, if any, improvements or changes you wanted to see.

Approximately 30 percent of the membership responded. For a first-time survey, this is a very good response rate. As we began to analyze the answers, a few interesting statistics became evident. Most respondents are 70 years and older. There is

overwhelming support of NCJW’s advocacy and goals.

We found that programs such as Bridge to Success and our Lobby Day event were of most interest, while not everyone plays Mah Jongg. Several members wrote that they want to continue to expand our community service projects, such as MIMs.

The comments written by some members illustrated a variety of reasons why they choose to be NCJW members, and what changes the organization should make. Some expressed a need to expand our communication further into the congregations and community to tell our story more broadly and to encourage others to join and participate. I think my favorite comment was that we “are a well-kept secret.”

One response read: “I appreciate getting a call or email from someone I know who’s going to something, or from an NCJW member who is reaching out. I know this is a much more labor-intensive marketing strategy, but I also know it works for me as a relatively new member.” Each of us NCJW members can consider giving a welcome call or encourage attendance at an event to a new(er) member.

The Board has had an opportunity to take a first look at the survey results and begin preliminary discussions about the responses. The organization can only grow and improve with input from our members. Thank you to those of you who took the time to complete the survey.

Seeing Great Progress in the Legislative Arena

Plight of families improved with a budget increase signed by governor

First 2018 Stronger CA priority bill signed into law

On July 18, Governor Jerry Brown signed the Stronger CA priority bill AB 2282 (Eggman), cosponsored by Stronger CA Roundtable members, including National Council of Jewish Women.

AB 2282 establishes that prior salary cannot be used at all to justify a wage disparity under the California Equal Pay Act, which prohibits unequal pay based on gender, race or ethnicity. The bill also provides clarification as to an employer's duty to provide a position's pay scale to a prospective employee upon reasonable request, as required under AB 168 (Eggman) another Stronger CA priority bill passed last year.

Pat Sturdevant

After our successful Lobby Day, NCJW members have continued to be active on legislative issues and have begun to see results. One of our priority bills, SB 982, by Senator Mitchell, would eliminate deep childhood poverty for California Work Opportunity and Responsibility to Kids (CalWORKs) families by requiring grants to be at least 50 percent of the federal poverty level and provide for annual adjustments in the grant amounts.

This is extremely important because living in deep poverty impairs children's ability to thrive and their capacity to learn and develop. Growing up in deep poverty adversely affects children's physical and mental health, impairs their brain development, and limits their ability to succeed in school, in the workplace and in life.

The bill has passed the Senate as well as the Assembly Human Services Committee. The plight of CalWORKs families already has been improved through a budget ask, which NCJW also supported. The result is an additional \$360 million in the state budget signed by Governor Brown in June for a 10 percent increase in grants effective April 1, 2019. This will increase the grant from \$714 to \$781 a month for a family of three.

There is also good news on our other priority bills. SB 1300,



Pat Sturdevant

by Senator Jackson, which addresses sexual harassment in the workplace, has passed the Senate and the Assembly Labor and Employment and Judiciary Committees.

AB 900, by Assembly member Gonzalez Fletcher,

which would allow human trafficking victims to receive compensation from the California Victim Compensation Program for lost income as a result of being trafficked, has passed the Assembly as well as the Senate Public Safety and Appropriations Committees.

Finally, the California Money Bail Reform Act of 2017, by Senator Hertzberg, has passed the Senate and the Assembly Public Safety Committee. This bill would change the broken bail system to one that prioritizes public safety and analyzes the defendant's likelihood of appearing for trial and failing to reoffend rather than simply setting a monetary amount which penalizes the poor and allows wealthier defendants their freedom while awaiting trial. NCJW members met with Assembly member Jim Cooper on this issue and joined with a coalition of other social justice groups to lobby on it on Aug. 7.

Please continue to watch for messages from the Rapid Response Team and make calls or send e-mails to help ensure that all of our bills are passed and signed by the governor.

Again this year, we can make a huge difference for California's women and families.

Join the RAPID RESPONSE TEAM!

If you are not already on the Rapid Response Team, please sign up at ncjwsac.org. It is important to make calls or send e-mails to help ensure that our bills are passed and signed by the governor.



Members of the Retro Mahj, left to right, Barbara Kletzman, Andrea Segal and Carole Jacoby presented NCJW President Anne Eisenberg with a check for Bridge to Success.

Retro Mahj donated to NCJW's Bridge to Success

A group of women, all members of NCJW Sacramento, initiated Retro Mahj games as a way of raising funds for local organizations that make a difference in our community.

Last month Retro Mahj held its fifth annual event with 16 tables of players and raised \$1,400 for the Bridge to Success program.

Other organizations that have received donations from this private fundraising have been Albert Einstein Residence Center seniors, both North and South Area Crisis Nurseries and the Jewish Federation of Sacramento. Every year, a platter of Rocky Road candy made from her recipe is served in memory of longtime member, Sharon Abilovitz. Plans are already being made for next year's Retro Mahj fundraiser.

USING THE GAME OF MAH JONGG TO SUPPORT OTHERS

Jodie Weber

Mah Jongg is a tile-based game developed in China during the Qing dynasty which ruled China from 1644 to 1912. It is a game of skill, strategy, and calculation and involves a degree of chance.

There are many versions of the history of Mah Jongg, but some think it evolved in the mid- to late 1800s. It appears to have been brought to America by tourists and expats and became the rage in the early 1920s. Its popularity among many ethnic communities is believed to be the result of the social aspects of the game itself.

The game requires four players and consists of a set of 144 tiles based on Chinese characters and symbols. The rules are fairly simple and can vary by region.

Parker Brothers (game manufacturer) is credited with helping to popularize Mah Jongg in the 1920s. Abercrombie & Fitch was the first retailer to sell Mah Jongg sets, sending store representatives to China to buy all the sets they could find. It became such a resounding success in New York that Abercrombie & Fitch sold around 12,000 sets.



1951 Mah Jongg set that belonged to Jodie's mom.

Some sociologists believe that Mah Jongg became an important building block for Jewish communities post-World War II as families moved from the city to the suburbs. Organizing a group to play Mah Jongg was a way to create new networks of neighbors and friends. In fact, the founders of the National Mah Jongg League were all Jewish women.

Growing up in an apartment building in Brooklyn, New York, my mother played Mah Jongg every Wednesday evening. Every fifth week or so, the game would be in our apartment. Blanche and the two Shirleys would all be there. The kids learned to play as well. It's a very distant memory now.

But the game is making a bit of a resurgence among the Jewish daughters who watched and played as I did as a child, rekindling the wonderful memories of mother and childhood.

Every year NCJW sponsors Mah Jongg Madness, an important yearly fundraiser, which raises \$2,000 to \$3,000 to support NCJW programs. Each congregation and other Jewish groups in town (particularly the Mah Jongg mavens of NCJW) use their love of the game to support others.

Mark your calendar to have fun and support NCJW's MAH JONGG MADNESS, Jan. 13, 2019.

NCJW's famous raffle will be back.



MAKING A DIFFERENCE WITH BRIDGE TO SUCCESS

NCJW members volunteer at Women's Empowerment

Elaine Freedman

From the start, NCJW Sacramento's Bridge to Success project has continually grown. The project provides grants four times a year to qualifying graduates of Women's Empowerment (WE).

Women's Empowerment is a nonprofit organization that educates and empowers women who are homeless with the skills and confidence necessary to secure a job, create a healthy lifestyle, and regain a home for themselves and their children.

With the the support of the NCJW Sacramento Board of Directors and its membership, plus the hard work of the Bridge to Success Committee, individual NCJW members have been enticed to volunteer their time at Women's Empowerment. Here are a few of them: JoAnne Silber, Jodie Weber, Evelyn Harlan and Elaine Freedman.

As a mentor for the past couple of years, **JoAnne Silber** has spent time and established relationships with some truly impressive women. She meets with her mentee at least four times during their two-month training program at Women's Empowerment. During the meetings she assists them with their class assignments, such as polishing their resumes or practicing for their job interviews. JoAnne says, "The most important part of a mentor is being a cheerleader for a woman taking a difficult and brave journey." She added, "Attending their graduation ceremony is always the frosting on the cake."

Jodie Weber volunteers as part of the Intel computer training program. Although retired from Intel, she continues to participate in

Tech Fridays. This is a six-week training program that occurs during each of the Women's Empowerment sessions. For three hours on Friday morning, the students learn computer basics from how to use the mouse to calculating percentages in Excel. The program is intended to provide a needed skill to enhance the prospect of securing a good job. Jodie says, "The end result is seeing a growing confidence not only in the ability to use the computer but also in themselves."

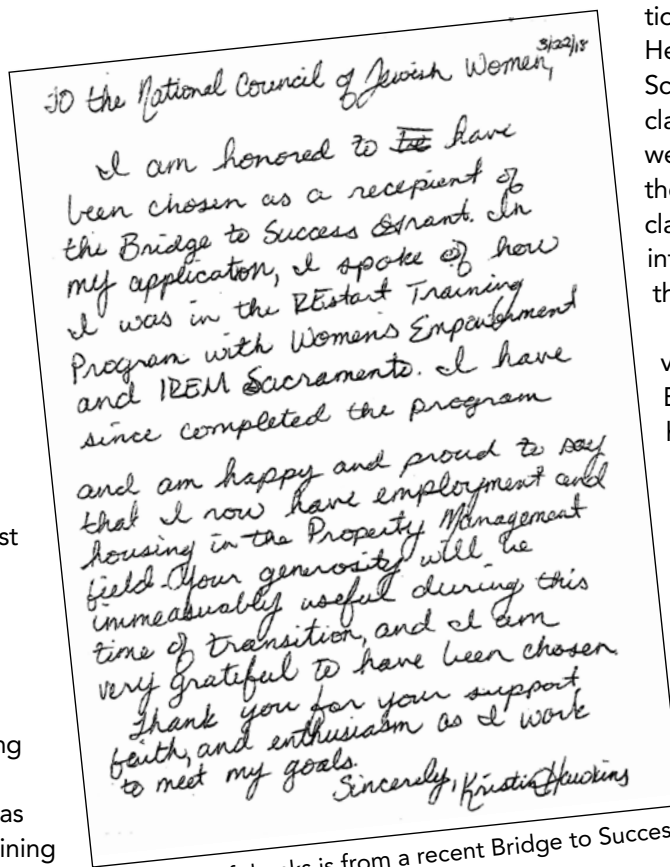
Evelyn Harlan has taught yoga at Women's Empowerment for over 9 years as part of the Enrichment Program at Women's Empowerment. Some of the women who participate have some experience with yoga, but most do not. Some of the women have "yoga" pants (read that comfortable clothes they can move easily in), and some do not.

The practice of yoga provides an opportunity for the ladies to experience something different—a connection through gentle movements and breath, an opportunity to relax and find some deep rest even if it is for a brief time. The women experience the practice of mindfulness and sense of connection outside themselves. Evelyn says "I am so grateful to be able to be a part of Women's Empowerment. I learn so much—priceless."

Elaine Freedman volunteered as a teacher/facilitator of parenting classes and developed a parenting curriculum. Each session of parenting classes took place over six weeks for an hour and a half one day a week. Because the classes had an average of 10 women, it was very conducive to a roundtable discussion on the topic of the day. The topics covered 1) Stages of Child Development, 2) Building Strong Families, 3) Effective Communication, 4) Positive Discipline, 5) Raising Healthy Children, and 6) Promoting School Success. For some of the classes, experts on the particular topic were invited to give a presentation and then field questions and concerns. The class members received handouts with information and resources that they thoroughly embraced.

These are only four examples of volunteer opportunities at Women's Empowerment. There are one-time happenings that you, too, can help with, such as assisting with mock interviews or classes, driving students to be professionally outfitted, and sorting clothes at Women's Empowerment's clothes closet (thank you NCJW MIM volunteers!). For all NCJW volunteers, the experience has been very memorable and rewarding.

The Bridge to Success program has helped many graduates of Women's Empowerment to improve their lives—a true mitzvah!



This letter of thanks is from a recent Bridge to Success grant recipient.

First timer's impression of National Leadership Retreat

Karen Soskin

When I was asked if I wanted to go to the NCJW Leadership Retreat in St. Louis, my first thought was "No, not really!" First, I had just started participating in NCJW activities and wasn't officially on the Board for a couple more months. Second, I had been to leadership retreats before with my work and with other organizations and was just not interested. Third, St. Louis!? Having said that, one of my Karenisms is "first thought(s) wrong" AND, I am so glad that Anne persisted in asking me to go.

The NCJW Leadership Retreat was above and beyond any leadership retreat I had been to before. There was not a detail missed from the moment we were picked up at the airport in the hotel shuttle until the closing plenary.

I learned so much more in three days about the organization (past, present and future) than I believe I would have ever learned in years of actual involvement with NCJW. The caliber of women (and a few enlightened men) involved in NCJW is outstanding. Everyone was warm and welcoming, which meant a lot to me as a newcomer. I can't say enough about our Scholar in Residence,



At the NCJW Leadership Retreat in St. Louis the Sacramento delegation: Claire Lipschultz, Anne Eisenberg and Karen Soskin. The Sacramento contingency was 30 percent of the CA delegation.

Opening Plenary Keynote Speaker and the Saturday Night Program. Each one captivated all of us as a group and moved us personally. It was difficult to choose from the seven breakout workshops as each one sounded interesting. Many of us continued to network and share section information in the wee hours of the morning.

Lastly, the possibility of starving over the weekend wasn't even a possibility. Food was plentiful and delicious.

If you ever have a chance to attend a National NCJW event in the future, RUN, do not hesitate... it will be one of the most amazing weekends of your life!

NCJW MOVES TO WASHINGTON

NCJW is moving! This September, NCJW will relocate the National headquarters from New York to Washington, D.C.

Being in the epicenter of national policy will enhance NCJW's power to make change happen on the most urgent social and economic challenges facing women, children and families. Now more than ever, we must speak out to ensure justice and dignity for all human beings.

Whether opposing judicial nominees who threaten basic civil rights, advancing the goals of reproductive health and justice, or increasing voter participation of women at the local and state levels, NCJW's impact will be greater by being centered in the nation's capital.

From this new home, NCJW's winning team of strategists, working together with local sections and individual members across the country, will be uniquely positioned to continue to advance progressive social change.

'Leading for Change 2019'

Coming in January, NCJW Sacramento's program for current and future leaders is "Leading for Change 2019."



Over four monthly sessions, participants will:

- Recognize who they are as leaders and identify strengths and opportunities for growth.
- Build leadership skills.
- Build and/or strengthen connections with like-minded people.
- Define leadership within the context of social justice.
- Understand NCJW Sacramento and National mission and how they can engage in this work.

Who is eligible to participate?

NCJW Sacramento members and other women interested in enhancing their leadership skills and achieving NCJW's mission.

Participants will commit to attend all four sessions and to participate in an NCJW Sacramento project.

If you are interested in participating or have an idea for a good candidate for this inaugural class, contact Anne, anne@ncjwsac.org, or Eileen, eileen@ncjwsac.org.

Beets—both savory and sweet for the holidays



Evie Lieb

Beets are served around the world for Rosh Hashanah because they are naturally sweet. In addition, the Hebrew word for beet, “silka,” sounds like “siluk,” the word for “removal”—expressing hope that our adversaries will disappear in the year ahead. Here are two delicious ways to offer beets to your holiday guests.

For either recipe, roast the beets at 375° in a covered ovenproof dish with about ¼ inch of water until a knife penetrates easily. Start checking after 25 minutes. Peel when cool. (Wear rubber gloves when handling the beets to avoid being caught red-handed!)

*Food choices
matter because
they are the most
consistent ethical
decision we make
throughout our day.*

— Rabbi Shmuly Yanklowitz

ZHANNA'S BEETS

This recipe is from Zhanna Elkinbard, one of the first Soviet Jews to settle in Sacramento in the '70s. While the Elkinbards lived here, we had many delicious delicacies that reflected their culinary roots. Since it features beets, this is quite literally such a recipe... perfect for adding a sweet-tart element to a holiday menu from Rosh Hashanah through Sukkot.



Makes about 2 cups

1 ½ cups grated cooked fresh beets, about 2 medium beets
½ cup dill pickle, cut in ¼-inch dice (about 3 medium pickles)
½ cup mayonnaise (low fat kind OK)
Fresh-squeezed lemon juice to taste

Combine all ingredients in a bowl and chill. Serve as a side dish or as an hors d'oeuvre with toasts or corn chips (not very Russian but a very tasty match!).

BEET HUMMUS

This is my version of a recipe from a French cooking magazine. You can increase the garlic to one big clove if you like the flavor (and if you're sure your guests will share that preference). This keeps very well and even freezes with no loss of flavor or texture.

Makes about 1¾ cups hummus

9 ounces topless beets, scrubbed, cooked and cubed
2 TBSP tahini (sesame seed paste), or more to taste
5 TBSP fresh lemon juice
1 small clove of garlic
1 TBSP ground cumin
grated peel of two lemons
generous pinches of sea salt or Kosher salt
lots of pepper

Place all ingredients in blender and mix until smooth, starting with low speed and increasing to high as ingredients get incorporated. You may have to stop, take off the lid and push the contents down so that they can be puréed by the blades when you restart the blender. Taste and adjust flavors as desired. Chill and store in the refrigerator for up to three days or freeze for real do-ahead convenience. Serve with crackers, pita chips or crudités.

New NCJW Project: Youth Aging Out of Foster Care

Leslie Levitas

Thousands of children in California are separated from their families and placed in the foster care system, often because of neglect, abuse, exploitation or immigration status. And each year, 5,000 Transitional Age Youth (TAY) “age out” of foster care, ill-prepared to embrace adulthood.

Transitional age youth face many challenges and increased risks for involvement with the delinquency system, lower academic performance and complex impediments to success as young adults. Recently, NCJW President Anne Eisenberg met with representatives of Aspiranet, a statewide agency that connects transitional age youth who are aging out of the foster care system to a variety of resources and creates bridges between foster care and independence.

Recently, Anne and a group of NCJW members met with the local program director and an Aspiranet outreach employee (a former client of theirs) about how NCJW can help to augment their program.

With a natural affinity for the work of Aspiranet, NCJW Sacramento is looking to play a role in supporting transitional age youth to gain life skills, self-reliance and confidence. Among the ideas discussed while brainstorming and in the meeting with Aspiranet representatives were:

- helping youth who are aging out of the system to complete college applications or financial aid forms



- taking youth shopping to prepare for independent living
- teaching youth cooking and grocery shopping for healthy foods on a budget
- advocacy and lobbying on the many related issues

In the coming year, NCJW Sacramento can make a difference in the lives of youths aging out of foster care. As we have historically, our collective voice and action can change the world for the better—impacting the lives of those who are ill-equipped to navigate the hurdles of young adulthood and supporting them to become productive members of their communities.

If you are interested in helping with his new community service project, let us know through info@ncjwsac.org.

WASHINGTON INSTITUTE SET FOR APRIL 7–9, 2019

Over the past year women have resisted and persisted. We have led marches, emailed and called our lawmakers, and now it's time to raise our voices in person in Washington, DC!

Save the date for Washington Institute April 7- 9, 2019.

It's never been more urgent for us to be together in our nation's capital. Learn from experts, strengthen advocacy skills,



connect with other activists from across the country, and storm Capitol Hill to meet with lawmakers.

This Washington Institute has special significance because we will celebrate our fearless, savvy, daring and outspoken CEO of the last eight years, Nancy K. Kaufman. Join us the evening of Monday, April 8, to honor her and wish her well in her next exciting next chapter.

To learn more about Washington Institute 2019, go to ncjw.org.

Make a Tribute

Want to honor a friend or celebrate an occasion or remember someone in the nicest possible way?

Making a Tribute is a great way to honor a loved one and share your sentiments with friends and family while supporting NCJW projects locally and in Israel.

You can make a Tribute in the name of a family member colleague, friend or loved one, or to commemorate a special occasion or holiday, by visiting our website, ncjwsac.org/giving.

Tribute minimum donation is \$10. A Tribute card will be sent out in your name to your honoree.

You may also purchase blank Tribute cards to personally send yourself— \$45 for a package of five cards.

To make a Tribute donation by mail, send in your name, check, indicate the number of cards, dedication, name of honoree and address of the honoree to NCJW Sacramento, Attn: Rosalind Gottfried, P.O. Box 340174, Sacramento, CA 95834.

NCJW appreciates all of your Tributes.

TRIBUTES

Your tribute funds support our programs and projects both locally and in Israel.

To: RACHEL CHANCELLOR, LEEZA WONG and JONAH WIENER-BRODKEY
From: Nanette Wong

In appreciation of their work and great presentations in "Love Shouldn't Hurt." You have helped to improve people's lives.

To: BETTY REUBEN
From: Anne Eisenberg
In celebration of her upcoming birthday

To: JULIET POSNER EARLS
From: Nancy Lazarus
In memory of her mother, Harriet Posner

To: DENI MARSHALL
From: Carol Blackman
Thank you for your guidance and leadership of our Mussar meetings. It has been enriching and has broadened the way I think and interact.



COUNCIL NOTES

Our Section recognizes and honors members' news with sincere thoughts.

To: HEIDI MATHAT
We are sending you support in your search for a kidney transplant and wishing you a speedy return to good health.

To: RENEE SCHAEFFER
We send our sincere condolences on the passing of your mother.

HELP!

• At the beginning of 2019, **we will need a new Bulletin editor**. We are looking for someone who knows newsletter layout, copy editing, photo correction and prepress. Knowledge of Adobe InDesign is required. If you are that person or know someone to suggest, please write anne@ncjwsac.org.

• Do you like to write? Enjoy social media? The **Communications Committee** meets monthly and would love to add your ability and skills to our committee.

**YOU SHOP.
AMAZON GIVES.**

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Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to NCJW Sacramento whenever you shop on AmazonSmile. As of May 2018, NCJW Sac received \$46.02 from Amazon Smile program activity. **Use this link: <http://smile.amazon.com/>.**



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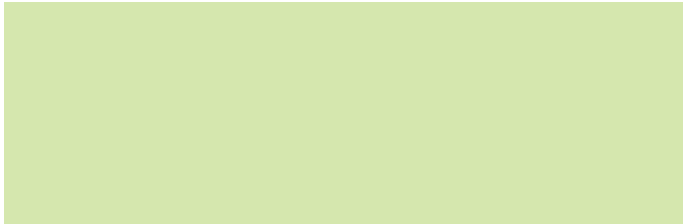
VOLUME 31 ISSUE 1

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Email: info@ncjwsac.org

Web: ncjwsac.org

Family Shalom: 916 204-8777



We are only strong with your participation.

JOIN TODAY OR RENEW YOUR 2018-2019 MEMBERSHIP
 WITH NCJW SACRAMENTO

Join or renew your annual membership in NCJW

This is the time of year we ask annual members to renew their membership. **Also, we are asking our Life Members to help sustain the work of our Section by making a supporting donation.** Your participation is critical to our success as we plan and start a new fiscal year.

If you haven't done so yet, please join or renew your 2018-2019 annual membership **by Sept. 15** and your dues will remain at a basic rate of \$40, which includes national membership. After Sept. 15, dues will increase to \$50 for the 2018-2019 membership

year. This year, National NCJW suggested dues are increasing to \$54.

ONLINE:

- Join or renew your annual membership on our website: ncjwsac.org/membership.
- Make a supporting donation on our website: ncjwsac.org/giving.

BY MAIL:

- Please download, print and send the Annual Member Renewal Form (PDF) on our website along with a check payable to NCJW. Indicate "new

member" or "membership renewal" on check memo line.

- To make a supporting donation by mail, send a check to NCJW, noting "Supporting Life Member."

Mail your membership renewal to:
 NCJW Sacramento Section
 P.O. Box 340174, North Natomas Station, Sacramento, CA 95834.

Thank you for your support of NCJW.
(If you are a new member who joined for the first time in April-June, your membership will carry over to 2018-19.)