

ELDER ABUSE

IT'S A CRIME

RECOGNIZE AND PREVENT ELDER ABUSE



FINANCIAL

- Suspicious changes in legal documents
- Inappropriate investments
- Unauthorized bank activity or credit card use
- Unpaid bills
- Missing valuables
- Home improvement scams



PHYSICAL

- Injuries (bruises, burns, sprains, untreated injuries, pain on touch)
- Evidence of restraint
- Medications (under/over use)
- Elder says he/she's being mistreated
- Caregiver bars visits with elder alone



SEXUAL

- Unwanted sex or touching
- Forced to watch sex
- Forced to undress
- Genital bruising, bleeding and infections
- Sexually transmitted diseases



PSYCHOLOGICAL

- Intimidation and humiliation
- Bullying and blaming
- Social isolation
- Withholding of emotional support
- Agitation, withdrawal, depression



NEGLECT/SELF-NEGLECT

- Denial of needed care
- Malnutrition, dehydration, weight loss
- Bedsores
- Poor hygiene
- Unsuitably dressed
- Unsafe living conditions



ABANDONMENT

- Desertion of elder at home or elsewhere
- Little or no social interaction
- Malnutrition
- Lack of medical attention



National Council of Jewish Women
Sacramento Section

This is a project of the Family Shalom Elder Abuse Committee of the NCJW Sacramento Section with support from the Jewish Federation of the Sacramento Region.

NCJWSAC.ORG

ELDER ABUSE

TAKE ACTION

IF YOU ARE IN IMMEDIATE DANGER CALL 9-1-1

COMMON ABUSERS

- Spouses, adult children, other family members
- A family member who is financially dependent on an elder, has emotional problems or suffers from substance abuse
- Caregivers who are poorly trained, stressed or dishonest
- Unscrupulous contractors, predatory lenders, telemarketers, identity thieves

HIGH RISK

Elder is:

- Age 75+ years living with an abuser
- Frail or physically disabled
- Socially and/or physically isolated
- Suffering with dementia

Elder's Caregiver is:

- Stressed or depressed
- Suffering from substance abuse
- In need of immediate money

AVOID BECOMING A VICTIM

DO

- Report mistreatment to a trusted person
- Use community and online resources for meals and transportation
- Plan ahead for long-term care
- Provide caregiver with time off to reduce stress
- Discuss financial matters with a trusted person
- Verify contractors' licenses before signing contracts

DO NOT

- Be afraid to speak up about your needs
- Agree to anything at the door or over the phone; ask for written materials to study
- Send money, reveal account numbers, transfer property, or sign documents without verifying circumstances and consulting with a trusted advisor
- Sign any contract until you understand everything, including the small print

REPORT ABUSE

ELDERS LIVING IN FACILITIES

Ombudsman Services of Northern California

CRISIS 1-800-231-4024

24 HOUR HOTLINE: 916-376-8910

TTY 1-800-735-2929

ELDERS LIVING IN THE COMMUNITY

Sacramento County Adult Protective Services

RECEPTION & 24 HOUR HOTLINE
916-874-9377

IN HOME SUPPORTIVE SERVICES
916-874-9471

LOCAL RESOURCES

Sacramento Police Department
916-264-5471

Sacramento County Sheriff
916-874-5115

CA Senior Gateway
www.seniors.ca.gov

McGeorge Elder and Health Law Clinic
916-340-6080

NCJW Family Shalom and Elder Abuse
916-204-8777

Medi-Cal Fraud HOTLINE
1-800-722-0432

Senior Legal HOTLINE
916-551-2140